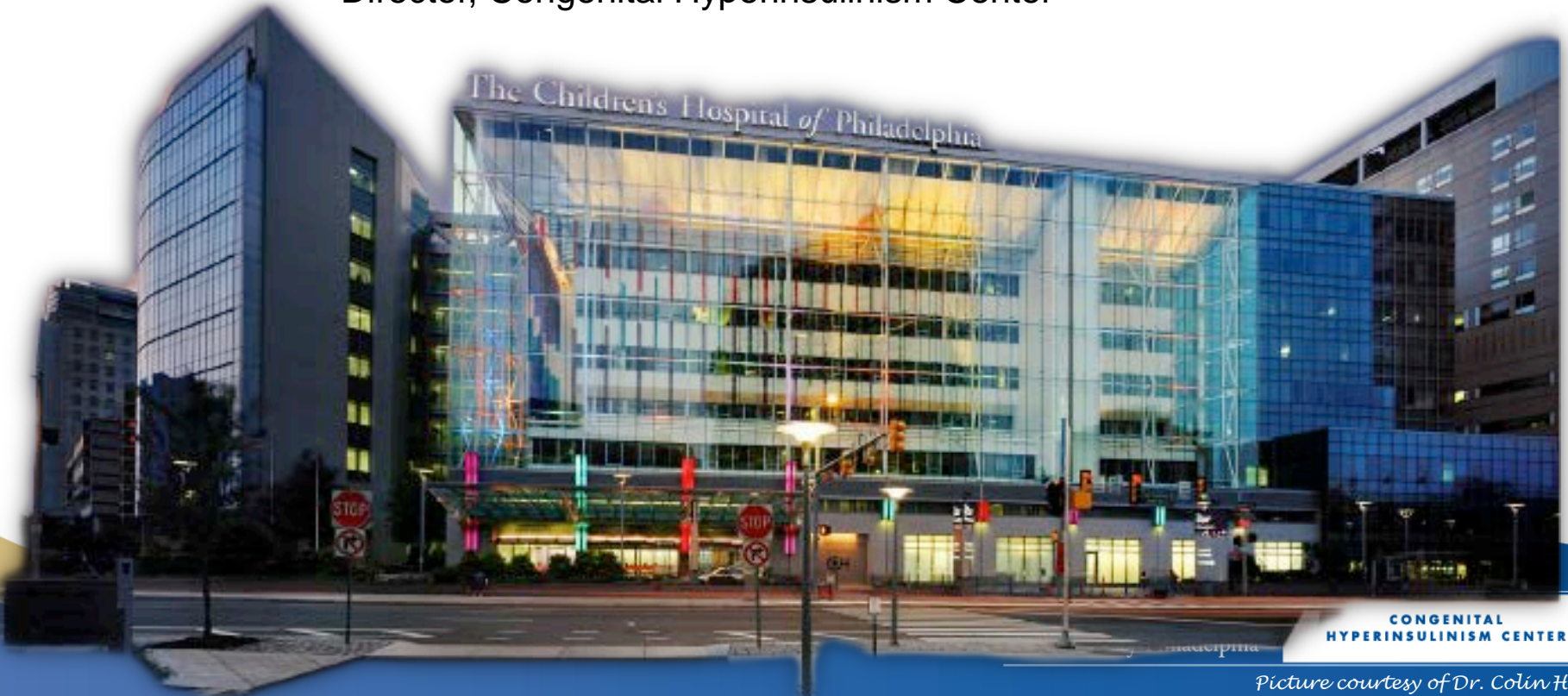




# Exendin-(9-39): Investigational Drug for the Treatment of Hyperinsulinism

**Diva D. De León-Crutchlow**

Director, Congenital Hyperinsulinism Center



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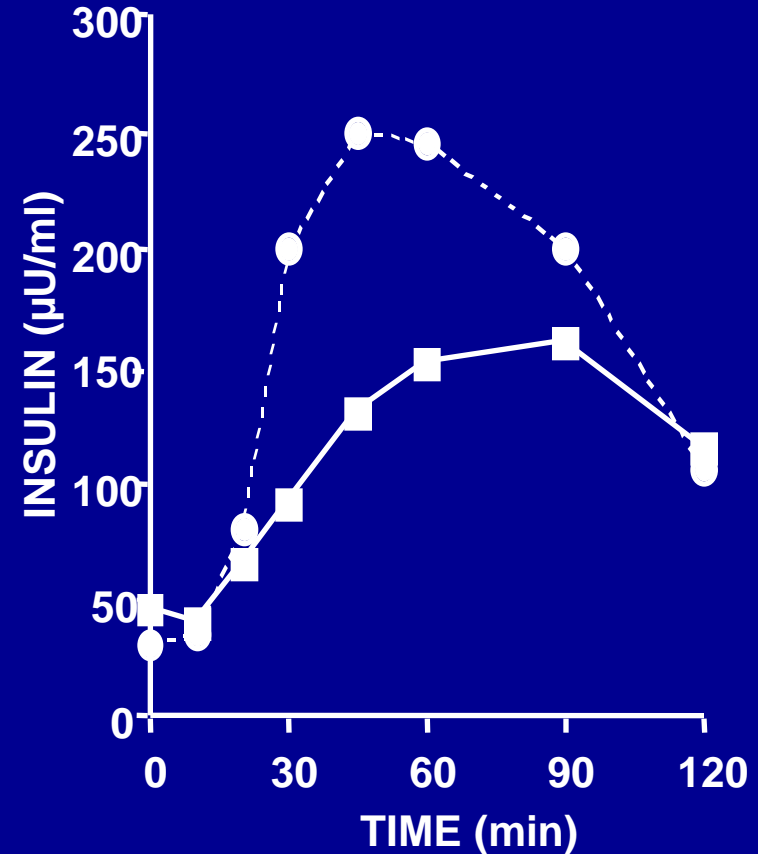
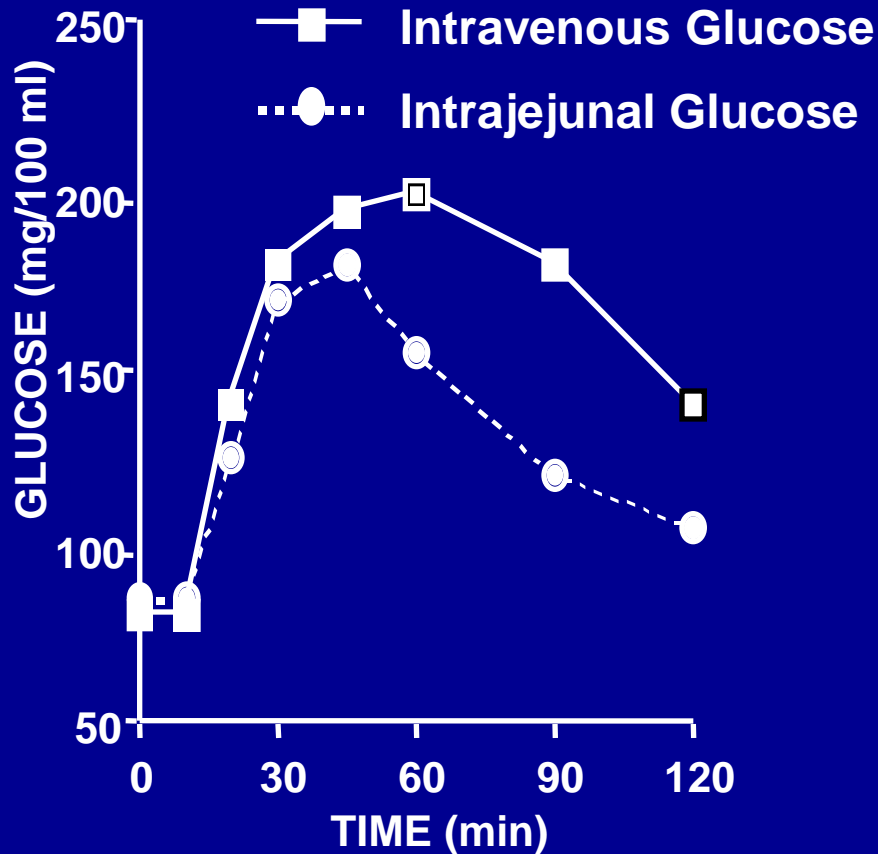
*Picture courtesy of Dr. Colin Hawkes*

# Disclosure

- Exendin-(9-39) is an investigational product
- Clinical research studies performed under an investigational new drug (IND)
- Currently, exendin-(9-39) is used only under research protocols and as a single dose intravenous dose in the inpatient setting

# The Incretin Effect

In - cre - tin  
Intestine    Secretion    Insulin



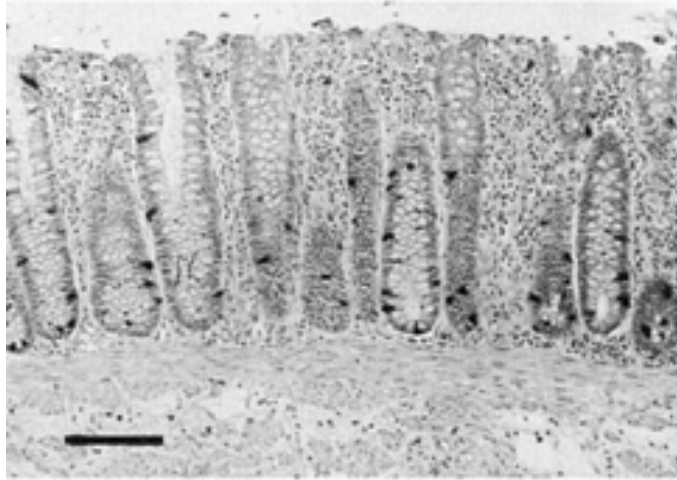
N. McIntyre *et al.* Lancet 2:20-21, 1964

# Incretin Hormones

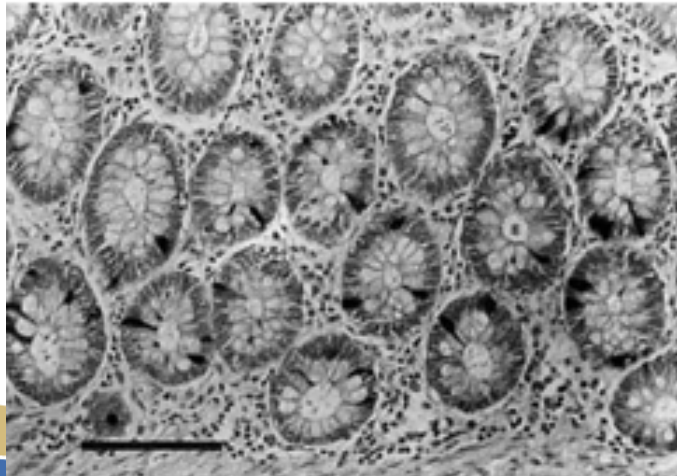
- Gut-derived peptides that increase glucose-stimulated insulin secretion
- Glucose-dependent insulintropic polypeptide (GIP) first incretin isolated (1970)
- Glucagon-like peptide-1 (GLP-1) more potent and physiologically important incretin
- GIP and GLP-1 account for 90% of incretin response

# GLP-1 is Released from Gut Endocrine Cells

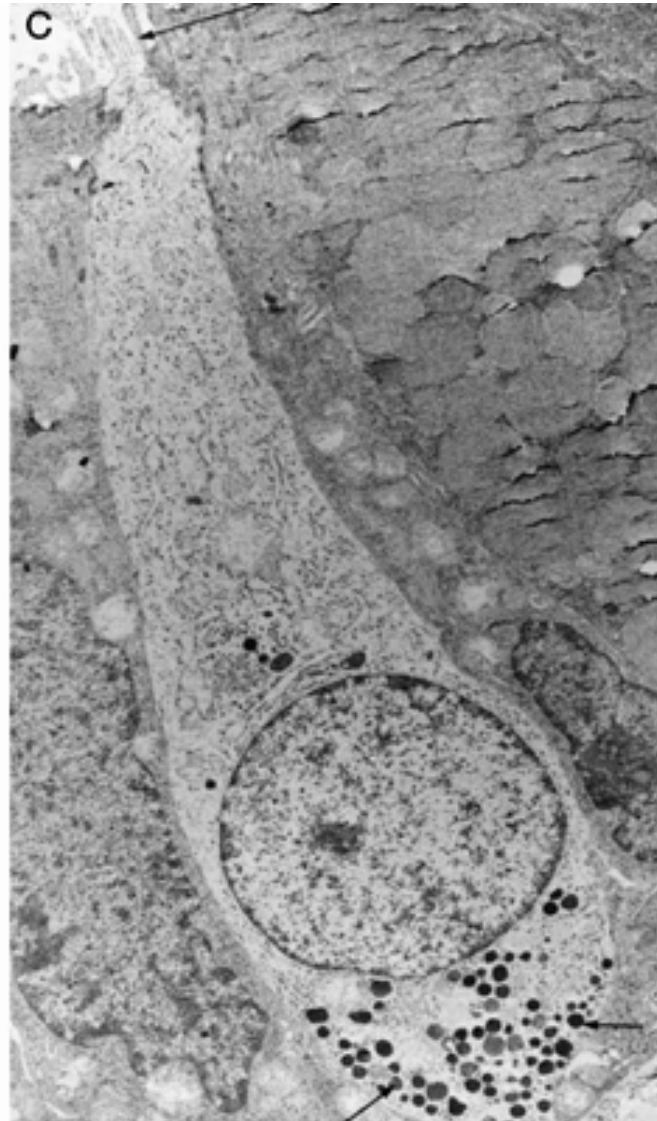
A



B



C





# ***Glucose lowering effects of GLP-1***

- GLP-1 is secreted in response to ingested nutrients and is a potent stimulator of insulin secretion
- GLP-1 has other glucose lowering effect including: inhibition of glucagon, gastric emptying and appetite
- GLP-1 acts through a receptor in the pancreatic beta cells to stimulate insulin secretion
- Therapies targeting the GLP-1 receptor are now approved for the treatment of type 2 diabetes

# Exendin-(9-39)

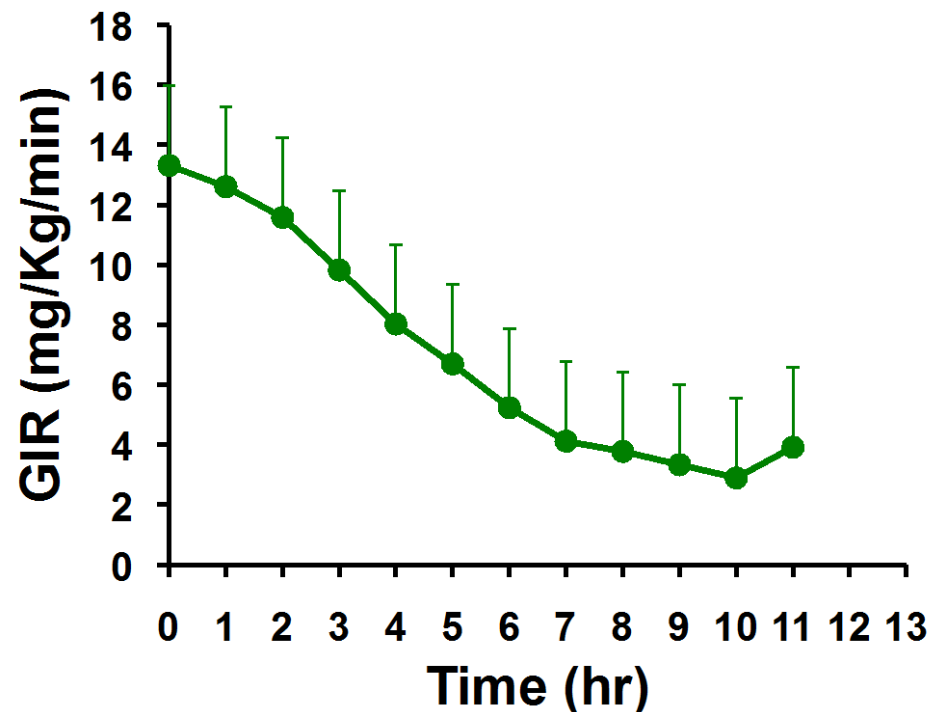
- Exendin-4 - - Exenatide (Byetta®) is an analog of GLP-1 that stimulates insulin secretion and is approved for type 2 diabetes
- Exendin-(9-39) was derived from exendin-4 but has the opposite effect blocking insulin secretion
- Exendin-(9-39) increases fasting blood glucose in healthy humans and other species



De León, et al. *J Biol Chem*, 2008

# Why Exendin-(9-39)?

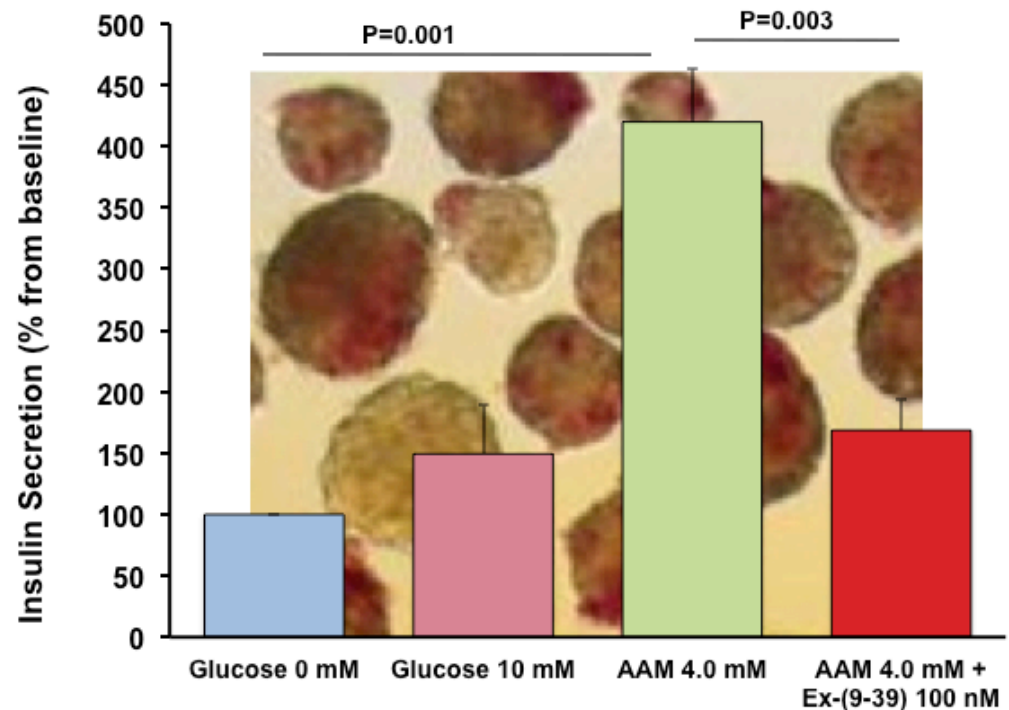
- Need for exogenous glucose to maintain euglycemia decreases when babies with hyperinsulinism are kept without food for a few hours
  - ✓ Suggest an enhanced “incretin” effect in hyperinsulinism





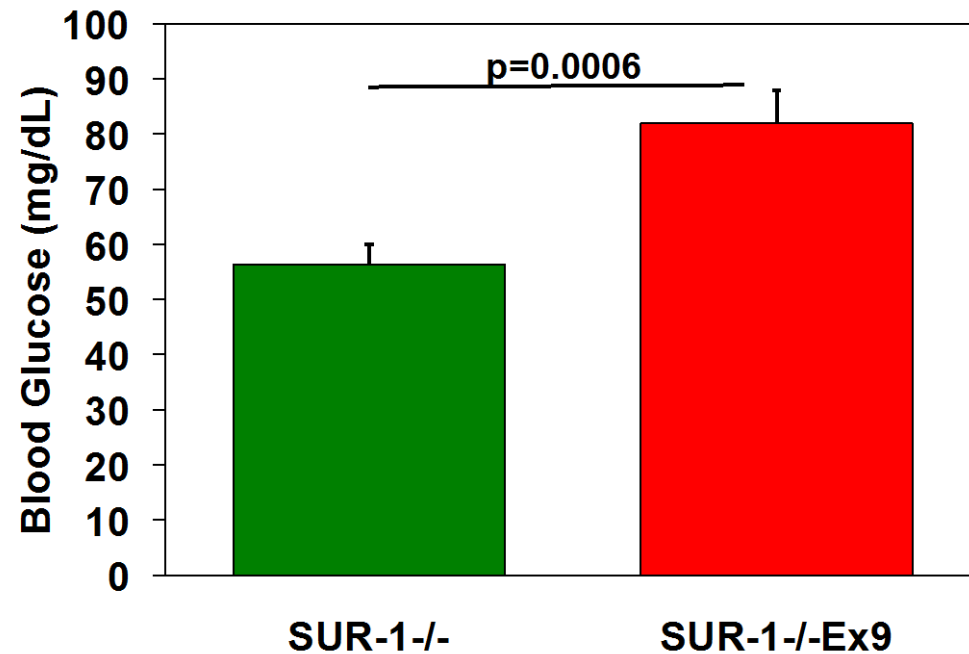
# Why Exendin-(9-39)?

- The GLP-1 receptor is constitutively active in pancreatic islets lacking  $K_{ATP}$  channels
- Exendin-(9-39) inhibits amino acids-stimulated insulin secretion in human HI islets



# Preclinical proof-of-concept studies with Exendin-(9-39)

- Exendin-(9-39) prevents fasting hypoglycemia in mouse model of  $K_{ATP}$  hyperinsulinism



De León, et al. *J Biol Chem*, 2008

# *Pilot*

## Clinical Proof-of-Concept Study

- Pilot study to examine the effect of exendin-(9-39) on fasting blood glucose of subjects with  $K_{ATP}$  Hyperinsulinism
- *Methods:*
  - 9 subjects
  - Randomized, open-label, two-period complete crossover
  - Fasted subjects received an intravenous infusion of exendin-(9-39) (100, 300 and 500 pmol/kg/min) or vehicle for 6 hours in 2 consecutive days (in random order)
  - Primary outcome: Blood glucose levels

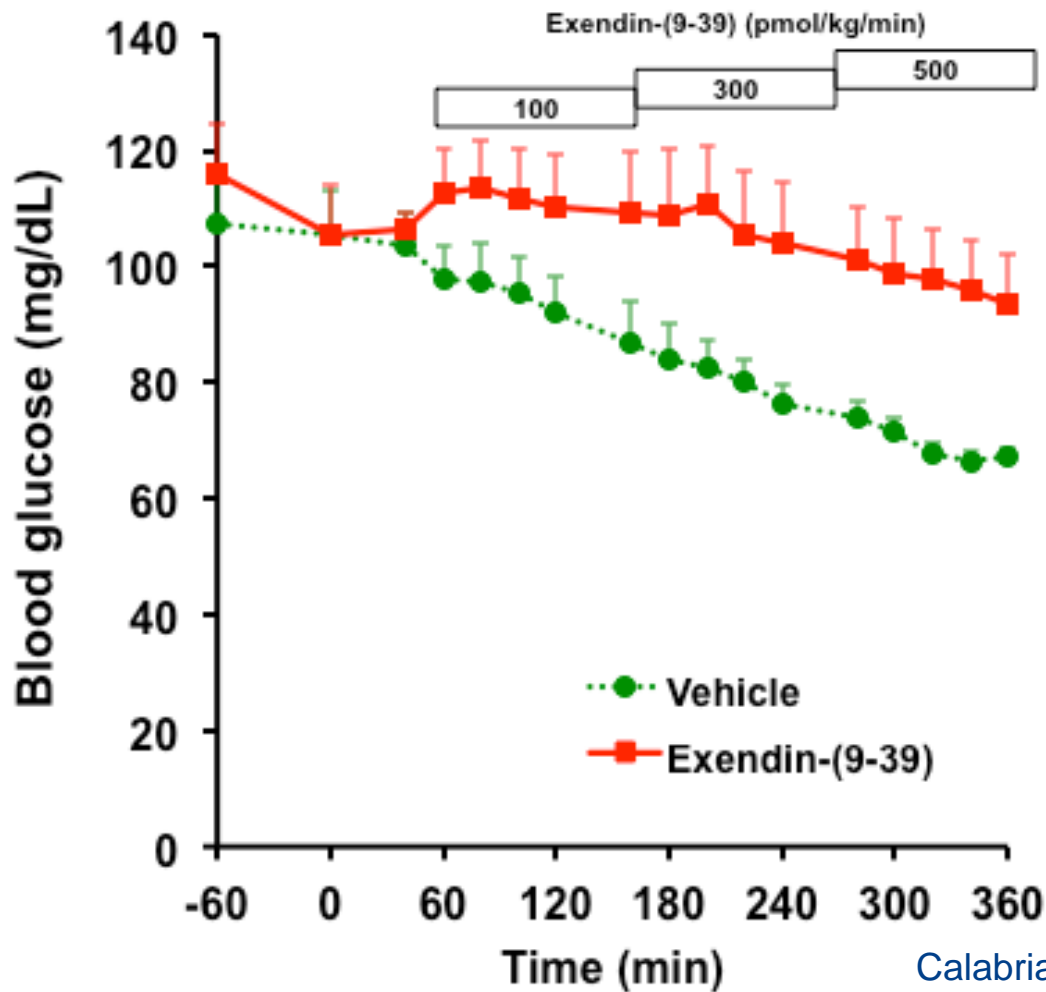
[www.Clinicaltrials.gov: NCT00571324](http://www.Clinicaltrials.gov: NCT00571324)

# Subject Characteristics

Subject	Age	Gender	Mutation ( <i>ABCC8</i> )	Pancreatectomy
1	29	F	delF1388 + 3992-9 G>A	85%
2	44	M	delS1387*	None
3	35	M	S408P*	None
4	17	F	3992-9 G>A	95 %
5	15	F	3992-9 G>A	95%
6	18	M	delS1387*	None
7	16	F	delS1387*	None
8	47	F	R1353H*	None
9	37	F	R521Q*	None

\*Dominant

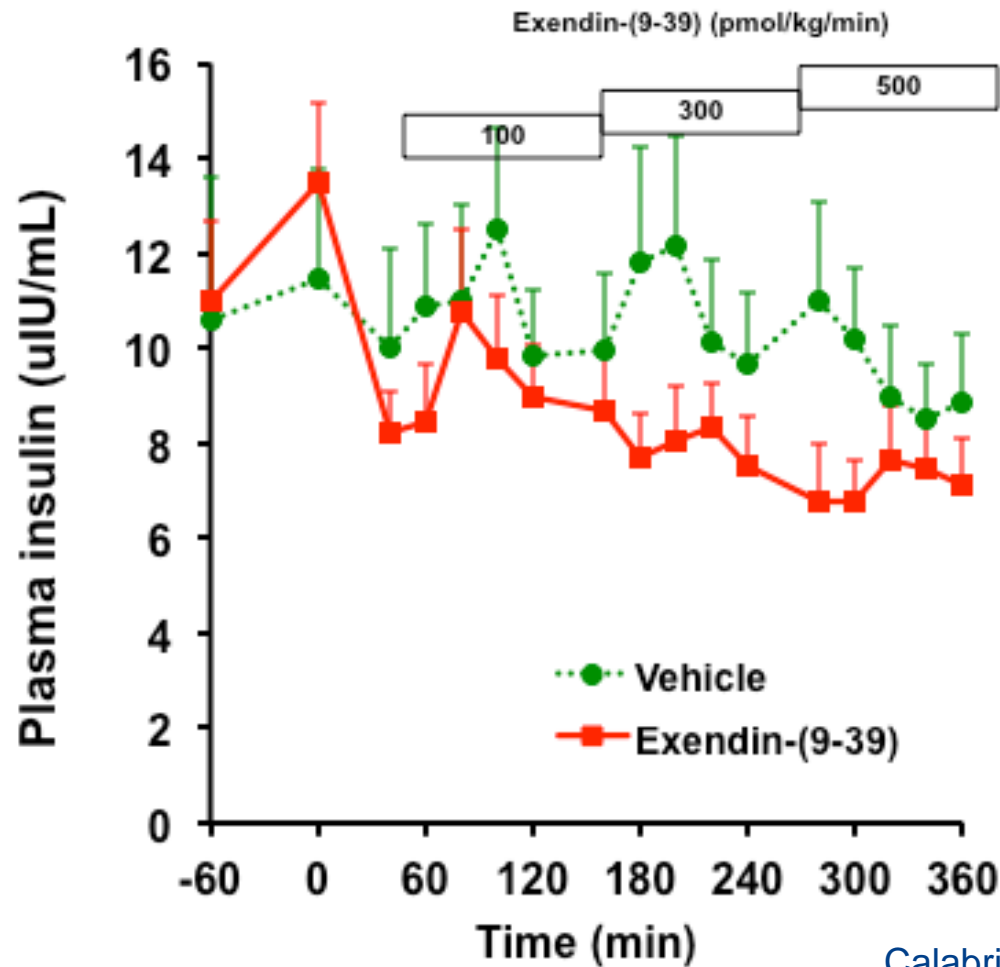
# Exendin-(9-39) *increases* fasting blood glucose



Calabria and De León. *Diabetes*, 2012



# Exendin-(9-39) suppresses plasma insulin



Calabria and De León. *Diabetes*, 2012

# GLP-1 Receptor Antagonist Exendin-(9-39) Elevates Fasting Blood Glucose Levels in Congenital Hyperinsulinism Owing to Inactivating Mutations in the ATP-Sensitive K<sup>+</sup> Channel

Andrew C. Calabria,<sup>1</sup> Changhong Li,<sup>1,2</sup> Paul R. Gallagher,<sup>3</sup> Charles A. Stanley,<sup>1,2</sup> and Diva D. De León<sup>1,2</sup>

# Summary:

- Exendin-(9-39) blocks the effects of the incretin hormone GLP-1
- In mouse and human  $K_{ATP}$ HI pancreatic islets exendin-(9-39) inhibits insulin secretion
- In children, adolescents and adults with  $K_{ATP}$ HI exendin-(9-39) is well tolerated and increases fasting blood glucose
- Next step – multiple dose study

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HYPERINSULINISM CENTER

Picture courtesy of Dr. Colin Hawkes

# Congenital Hypoglycemia Disorders: Hyperinsulinism and GSD



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