



Genetics of CHI

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EXCELLING IN SCIENCE AND SERVICE



Genetic testing for CHI in the UK



Dr Jayne Houghton
Royal Devon & Exeter
Hospital



Dr Sarah Flanagan
University of Exeter




Exciting new partnership ensures that genetic testing is available for all



Our aim:

A fast, accurate and comprehensive genetic diagnosis for every patient





UNIVERSITY OF EXETER MEDICAL SCHOOL

MOLECULAR GENETICS LABORATORY REPORT

Royal Devon & Exeter NHS Foundation Trust, Barrack Road, Exeter, EX2 5DW
 Tel 01392 408229 Fax 01392 408388
www.diabetesgenes.org

Patient Name: _____
Date of Birth: _____
Gender: _____
Lab. No.: _____
Sample Received: _____
Sample Type: _____
MODY No.: _____
Referred by: _____
Date of Report: _____

GENETIC TESTING FOR HYPERINSULINISM


Reason for Request
 _____ was diagnosed with hyperinsulinism at the age of 9 months. Sequencing analysis of the *KCNJ11* and *ABCC8* genes has been undertaken.

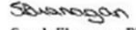
Test methodology
 Analysis of coding and flanking intronic regions of the *KCNJ11* and *ABCC8* genes (NM_000525.3, U63421 and L78208) by Sanger sequencing.

Result:	Homozygous mutation identified
Mutation details:	Gene : <i>ABCC8</i> Location : Exon 7 DNA Description : c.1068C>G Protein Description : p.Tyr356Ter (p.Y356*) Consequence : Nonsense

Interpretation
 _____ is homozygous for an *ABCC8* nonsense mutation, p.Y356*. This mutation is predicted to be pathogenic and this result confirms a diagnosis of autosomal recessive congenital hyperinsulinism.

This report depends upon, (i) - correct identification of all the samples, (ii) - all biological relationships being correctly presented, (iii) - accurate diagnosis of the affected individual(s). Please note that this testing was undertaken as part of a research study.

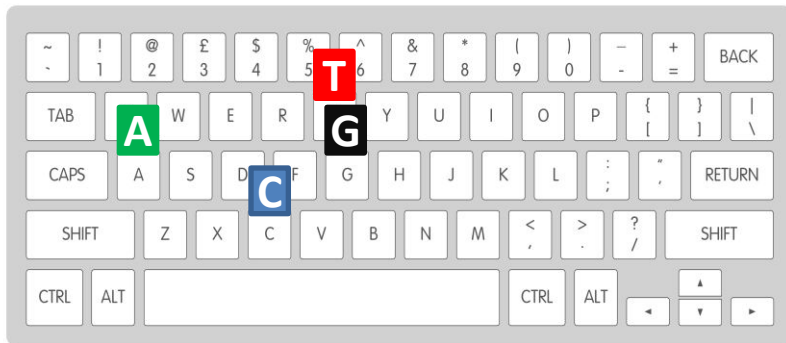

 Jennifer Stobbs
 Genetic Technologist


 Sarah Flanagan PhD
 Research Fellow

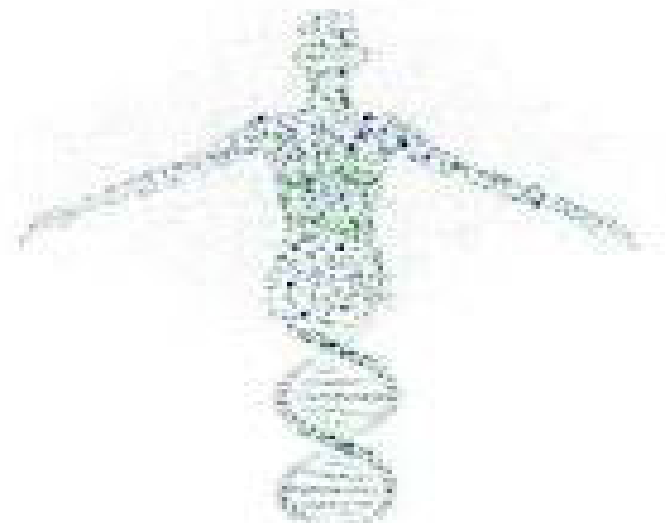
The Human Genome

- An instruction manual to create, maintain and repair a human being from conception to the end of life
- The human genome is made up of 3 billion bases of DNA (ATGC)
- DNA is organised into 23 pairs of chromosomes (one copy from mum and one copy from dad)

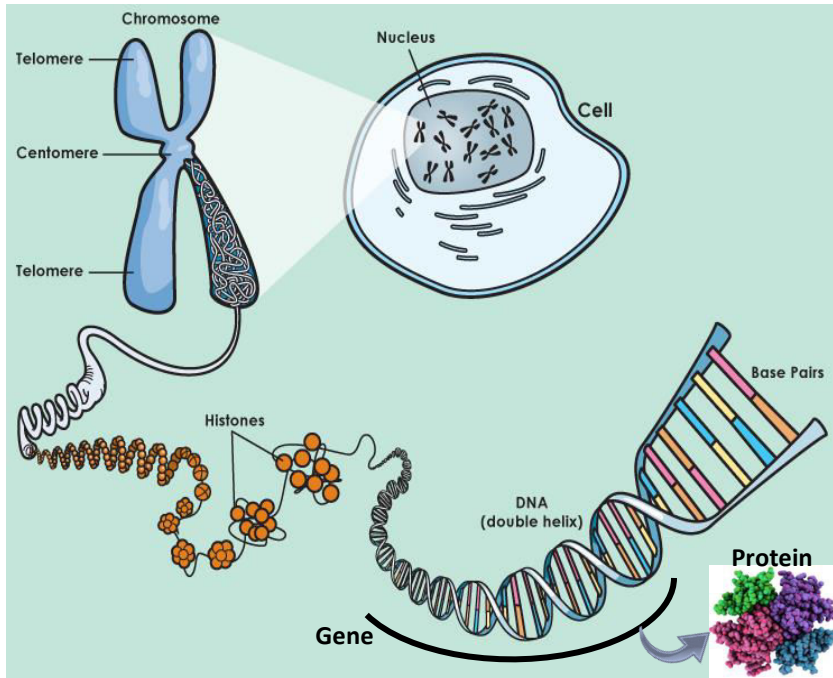
There are ~3,000,000,000 base pairs in the human genome



60 characters per min, 8
hours per day, 50 years



Genes code for proteins



- A gene is a segment of DNA containing the code used to synthesize a protein (e.g. *INS* gene encodes the Insulin protein).
- Humans have approximately 20,000 genes

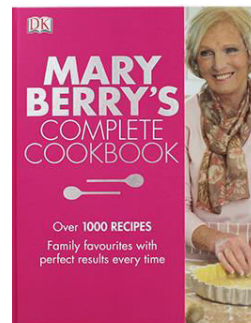
Nucleus



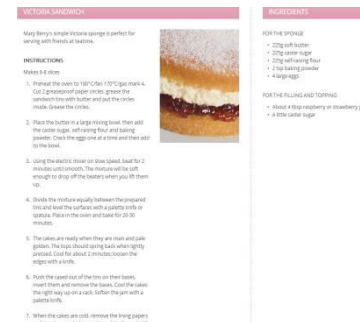
Chromosomes



Chromosome



Gene

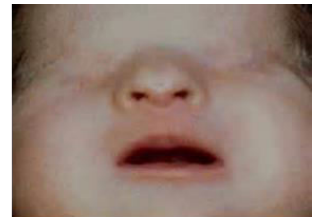


Protein



When things go wrong...

- Every human genome differs by 3-4 million variants
- Variants can have no effect, they define characteristics like eye colour or they may cause disease (mutation or pathogenic variant)
- There are different types of pathogenic variants, e.g. missense, splicing, small deletions or whole gene deletions



When things go wrong...

**No
mutation**

Decorate with jam, cream and icing sugar

**Missense
mutation**

Decorate with ham, cream and icing sugar

**Small
deletion**

Decorate with --- ----- --- icing sugar

**Splicing
mutation**

Bake the cake with the mixing spoon left in

**Gene
deletion**

No cake!



The Exeter lab tests for 15 different genetic causes of congenital hyperinsulinism



EXCELLING IN SCIENCE AND SERVICE



► HYPERINSULINISM

Genetic testing for Hyperinsulinism

Hyperinsulinism is a heterogeneous disorder both clinically and in terms of genetic aetiology.

Congenital hyperinsulinaemic hypoglycaemia is the most frequent cause of hyperinsulinism in early infancy and it shows both recessive and dominant modes of inheritance. Age of onset is variable and the hypoglycaemia ranges from asymptomatic through to medically unresponsive hypoglycaemia.

Hyperinsulinism due to inactivating variants in the *ABCC8* and *KCNJ11* genes

Disease-causing variants in *KCNJ11* and *ABCC8* are the commonest cause of congenital hyperinsulinism. Diffuse hyperinsulinism is most often caused by autosomal recessive inheritance with variants being inherited from both unaffected parents although dominant inheritance has also been reported. Focal hyperinsulinism arises when an infant inherits a paternal *ABCC8* or *KCNJ11* variants and there is loss of the maternal allele within the focal lesion. It is important to differentiate between these two types as ¹⁸F-DOPA PET-CT scanning is recommended for patients with a paternally inherited variant to locate a possible focal lesion within the pancreas as lesionectomy or partial pancreatectomy can cure focal hyperinsulinism. Loss of heterozygosity can be detected using microsatellite markers within the chromosome 11p15 region. Diffuse hyperinsulinism is treated medically where possible with sub-total pancreatectomy only as a last resort since 75% of patients then develop iatrogenic diabetes.

First line urgent testing for *ABCC8* and *KCNJ11* gene variants is available with a result issued in 1-2 weeks, followed by a 10 gene next generation sequencing test if no variant is found.

Hyperinsulinism-Hyperammonaemia Syndrome due to dominant variants in the *GLUD1* gene

Hyperinsulinism-hyperammonemia syndrome is caused by heterozygous gain-of-function variants in the *GLUD1* gene. Patients usually present outside the neonatal period and a consistent feature is the presence of hyperammonaemia with plasma ammonium levels being persistently raised. The variants are located in the GTP and ATP-binding domains of the enzyme which are encoded by exons 6, 7, 10, 11 and 12. The majority of cases (~80%) are due to

SAMPLE
REQUIREMENTS

REQUEST FORM

INFORMATION SHEET

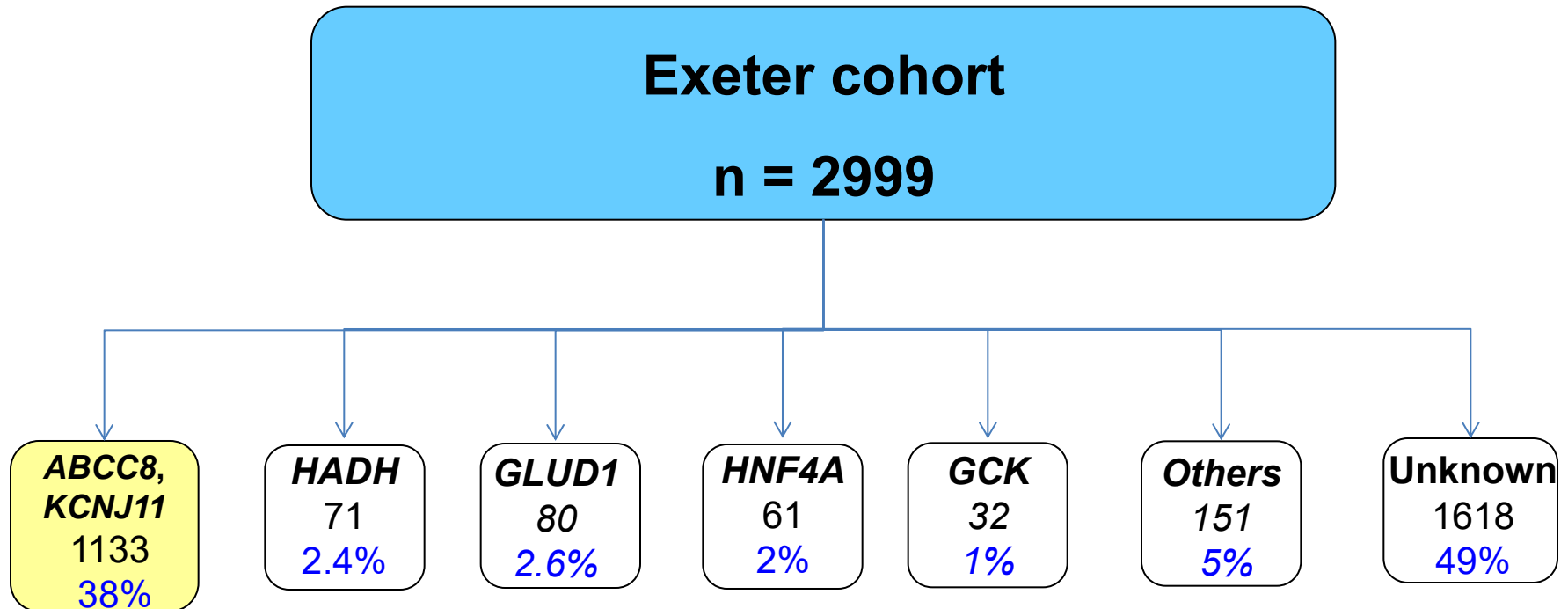
CONSENT FORM

PRICE & TAT

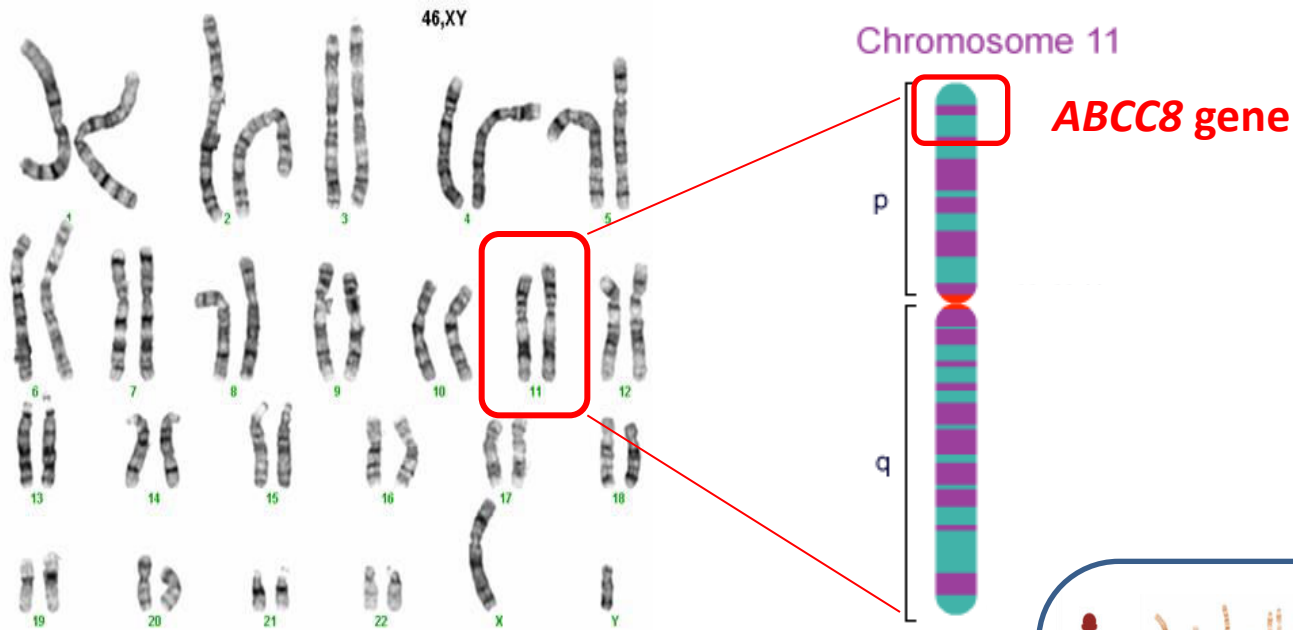
CONTACT US



Changes in the *ABCC8* and *KCNJ11* genes are the most common cause of congenital hyperinsulinism



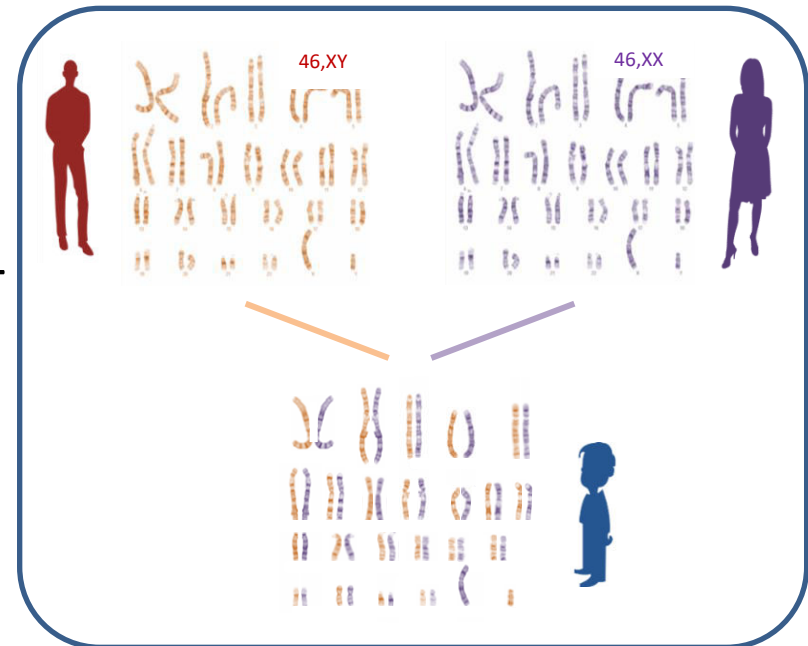
The *ABCC8* gene



The *ABCC8* gene is on chromosome 11

Two copies of the *ABCC8* gene:

- One inherited from mother
- One inherited from father



The *ABCC8* gene

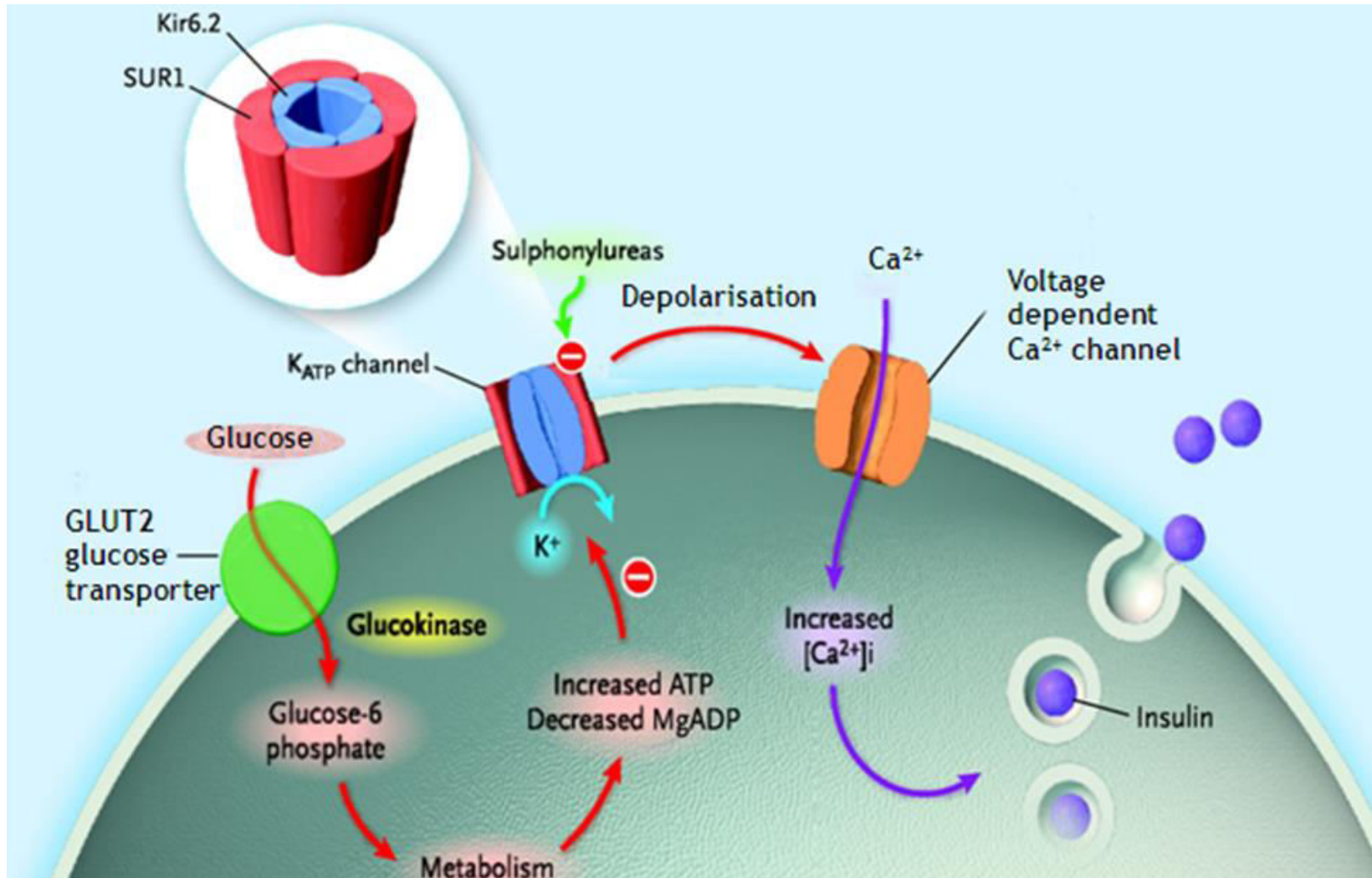


The *ABCC8* gene contains 39 exons and 38 introns

- Exons are the 'coding' part of the gene
 - They are the ingredients needed for the cake
- Introns are the 'non-coding' part of the gene
 - They are the cooking utensils needed to make the cake but won't be part of the cake

The *ABCC8* gene codes for a protein called SUR1 (Sulphonylurea Receptor 1)

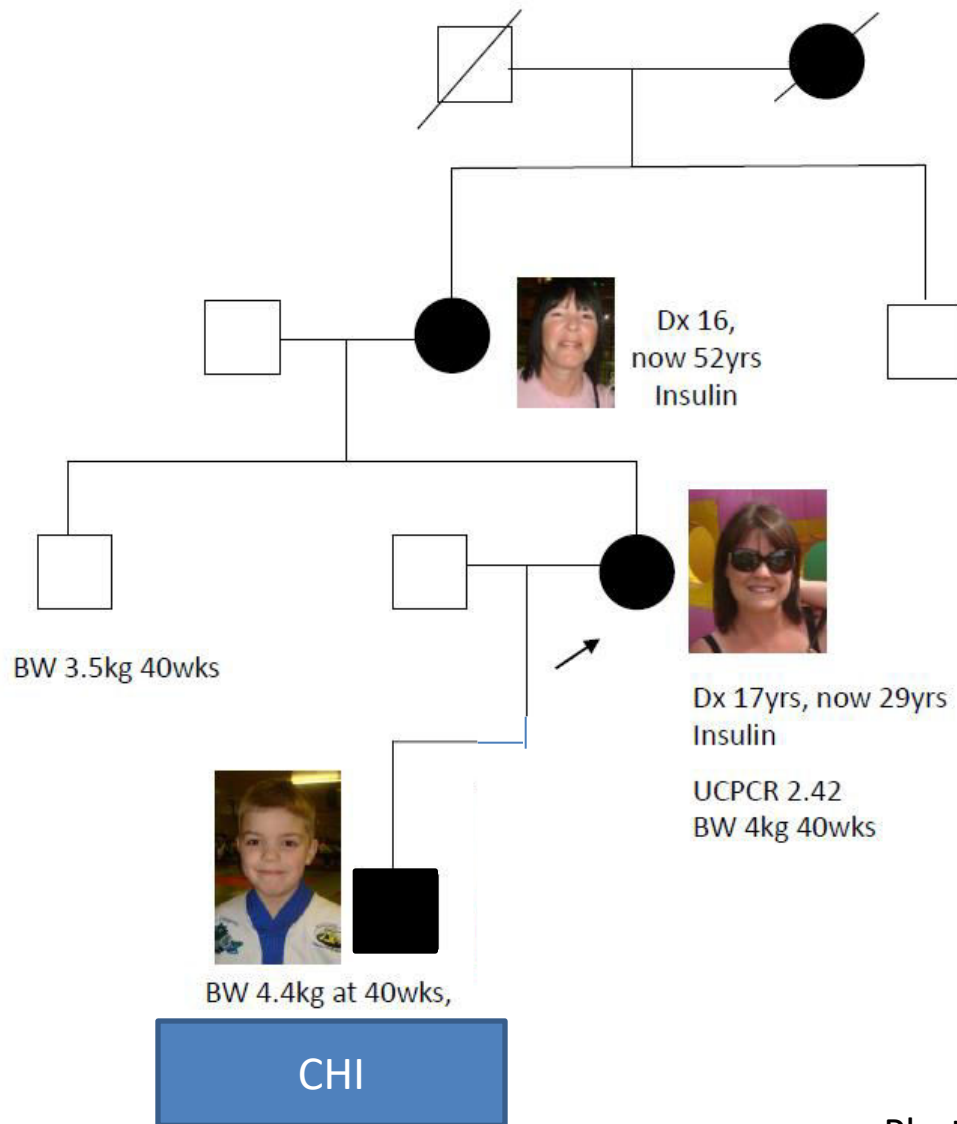
Changes in the *ABCC8* gene can cause the pancreatic beta cell to secrete too much insulin



Why is it important to understand the genetic cause of hyperinsulinism?

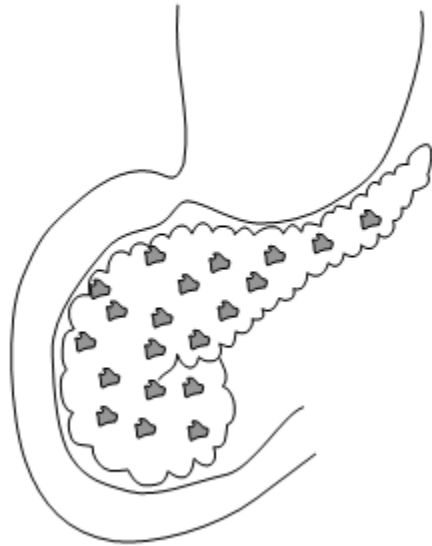
A genetic diagnosis can provide important information on treatment response and disease progression

HNF4A

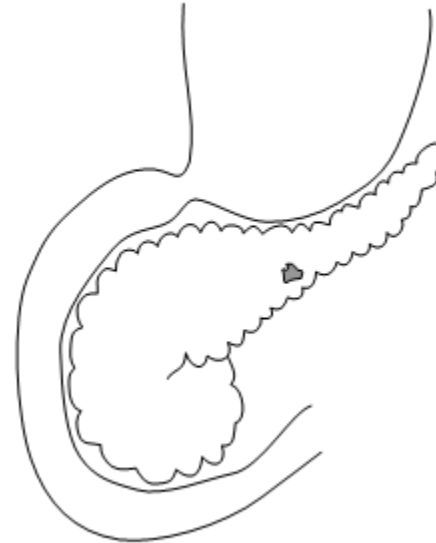


Photos shown with permission

Changes in the *ABCC8* and *KCNJ11* genes can cause focal or diffuse pancreatic disease



Diffuse disease (50%)



Focal disease (50%)

A genetic diagnosis guides treatment

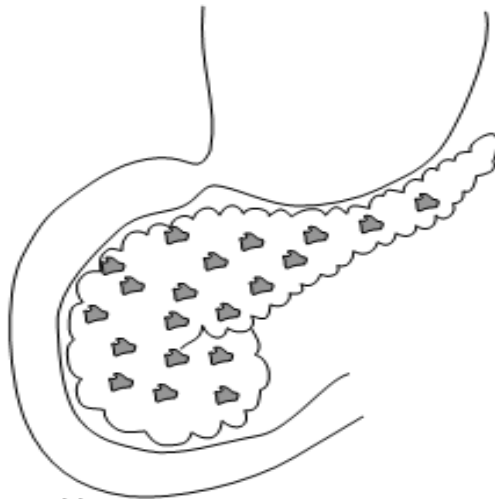


- Diagnosed at 1 day
- Diazoxide unresponsive
- Homozygous *ABCC8* mutation
- Diffuse disease
- Sub-total pancreatectomy

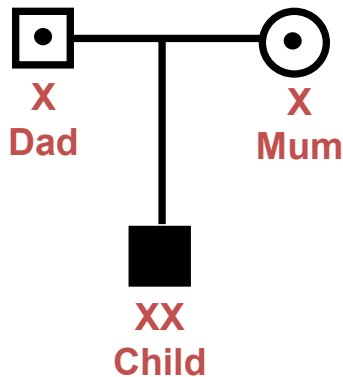


- Diagnosed at 1 day
- Diazoxide unresponsive
- Heterozygous *ABCC8* mutation
- Focal lesion confirmed by PET-CT scan
- Keyhole lesionectomy

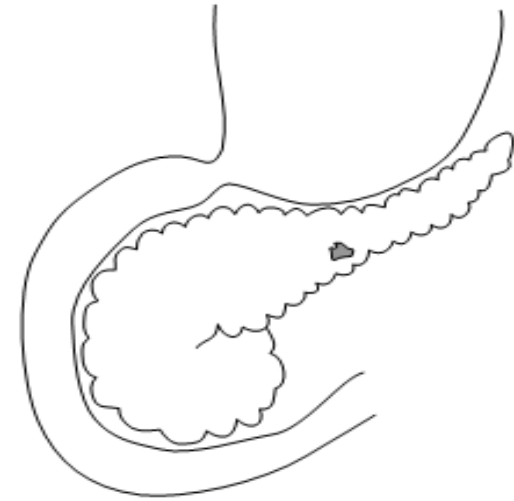
The amount of pancreas affected is determined by the genetics



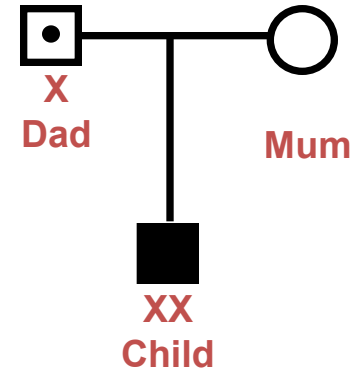
Diffuse disease



One change inherited from each parent



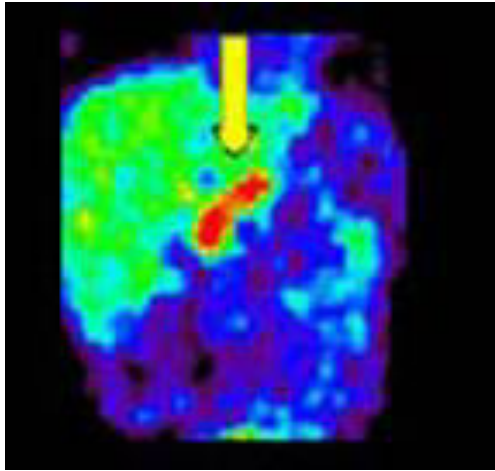
Focal disease



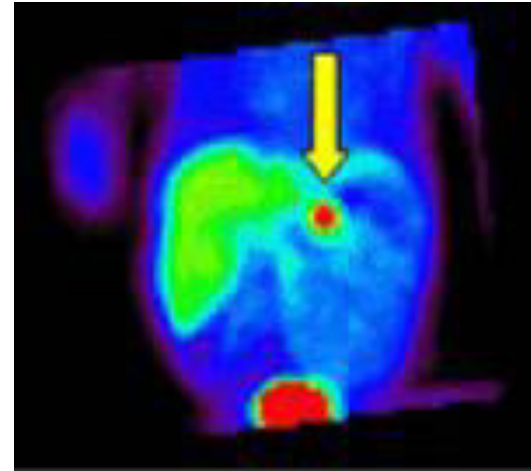
One change inherited from dad, one change occurring spontaneously



PET-CT scans confirm the genetic findings



Diffuse disease



Focal disease

Islets convert ^{18}F -L-dopa to dopamine by dopa decarboxylase

A genetic diagnosis also defines the risk for siblings and future offspring

- Likelihood that another sibling will have CHI
- Risk for patient's future children of having CHI
- Allows for prenatal testing



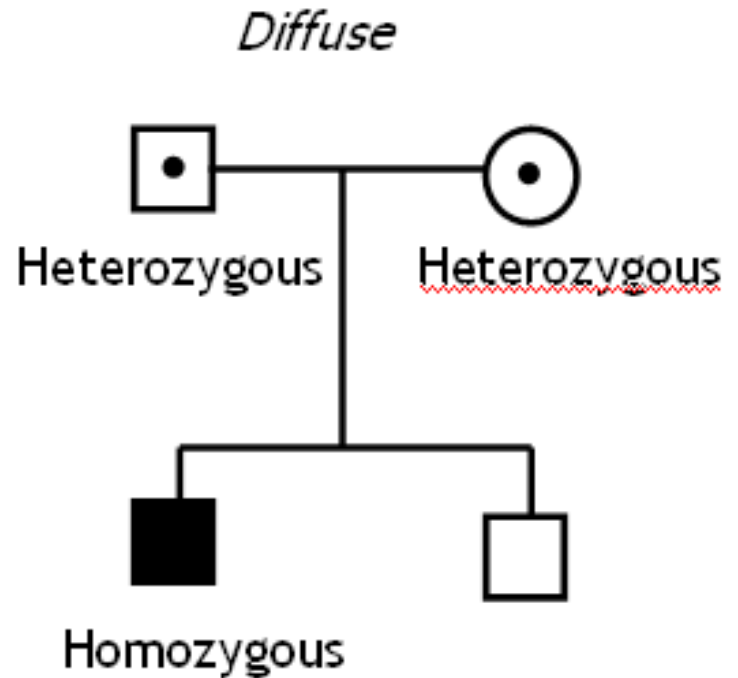
Management post pregnancy

- Paediatrician at delivery
- Monitor baby for hypoglycaemia
- May need to start treatment

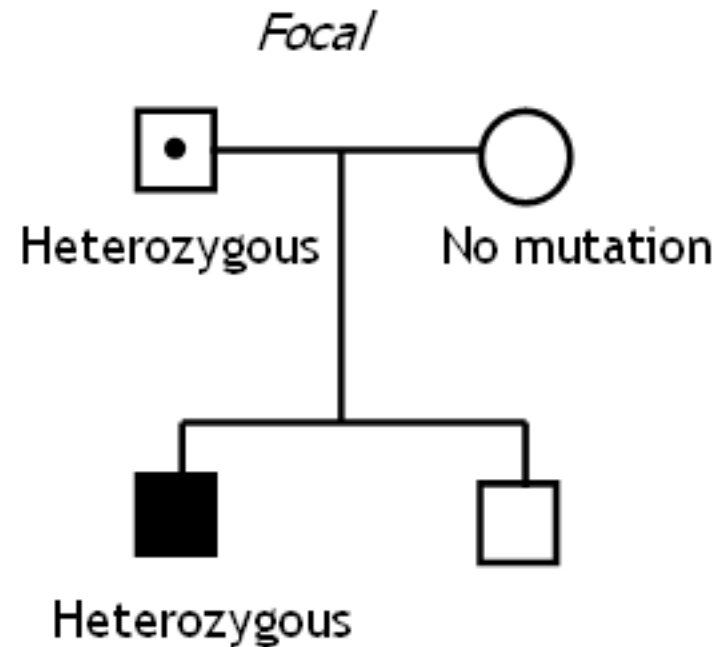
A genetic diagnosis defines the risk for siblings and future offspring



- Likelihood that his brother will have CHI?
- Risk for his children having CHI?
- Chance that his brother is a carrier?

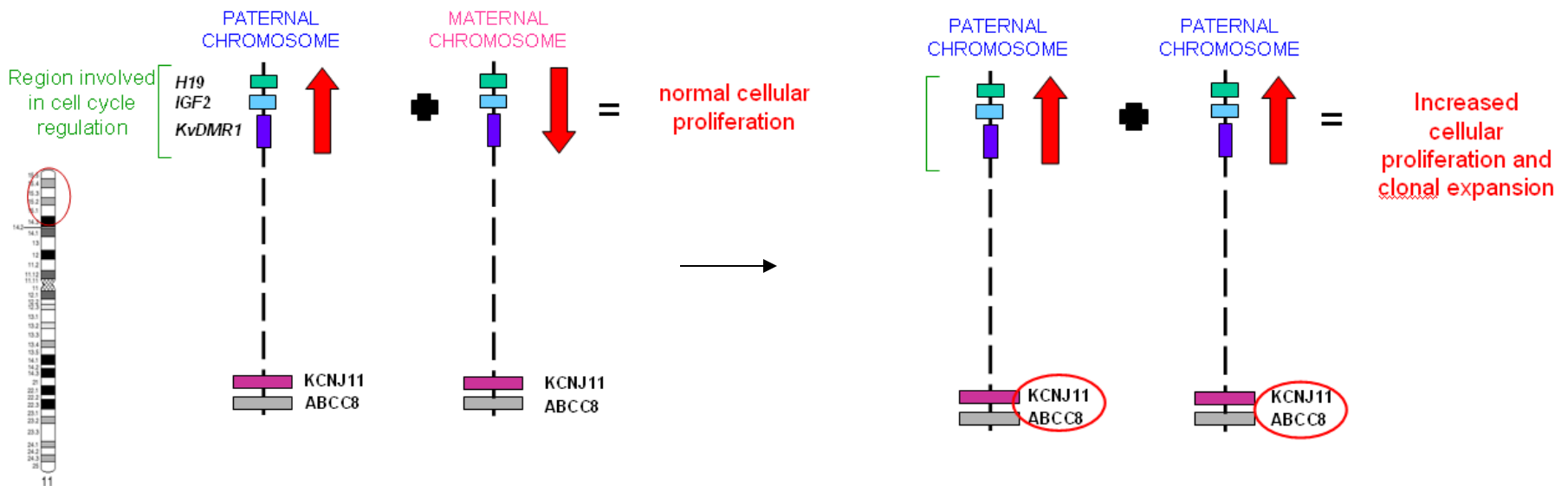
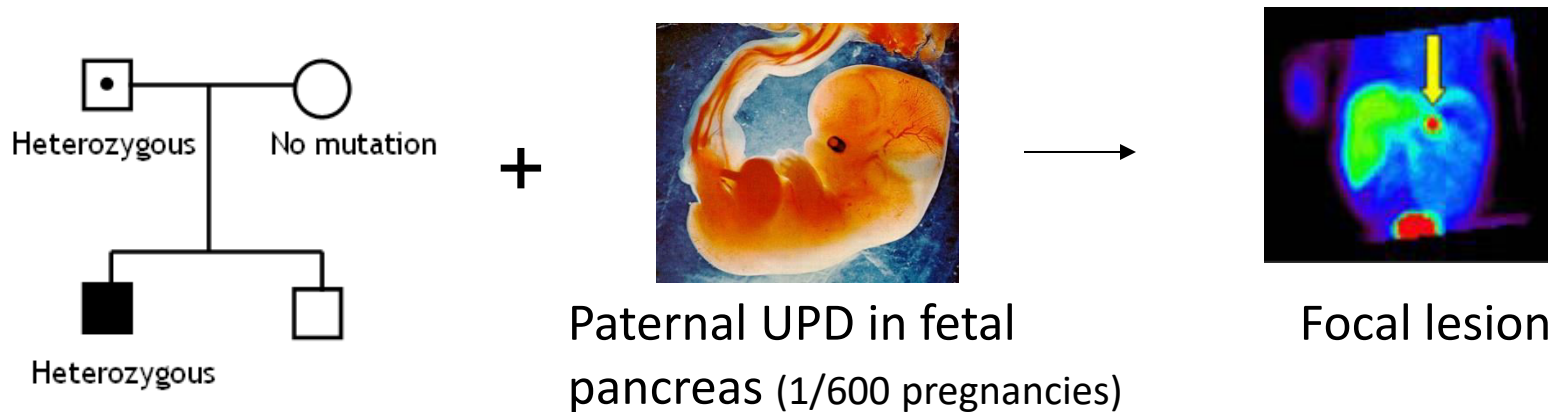


A genetic diagnosis defines the risk for siblings and future offspring



- Risk that his brother will have CHI?
- Risk for his children having CHI?
- Chance that his brother is a carrier?

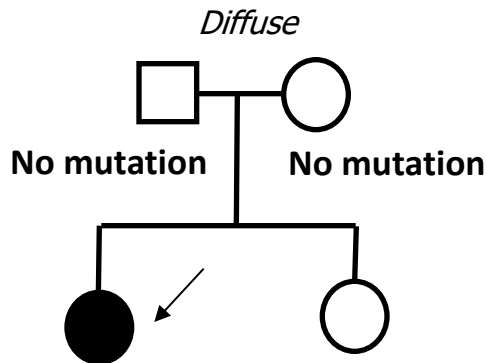
Focal hyperinsulinism is due to a paternal K_{ATP} mutation and somatic patUPD of 11p15



A genetic diagnosis defines the risk for siblings and future offspring



- *De novo* or “new” mutation
- Low risk for siblings (<5%)
- 50% risk for offspring




Heterozygous *ABCC8* missense mutation

How does the genetic testing
work?

Behind the scenes in the Exeter Laboratory

Hyperinsulinism Genetic Testing - Behind The Scenes at Exeter Clinical Laboratory

 congenitalhi [Subscribe](#)

253 views

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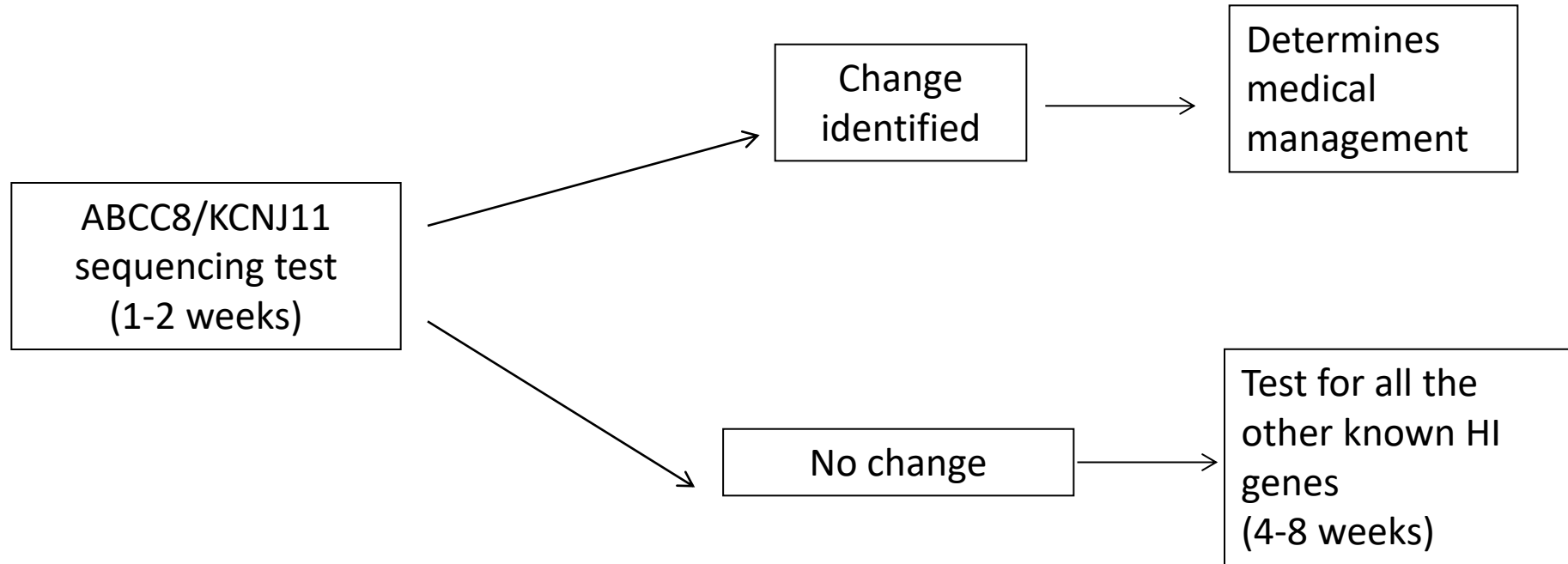
Published on Feb 28, 2017
Take a look at what happens behind the scenes of hyperinsulinism genetic testing at Exeter Clinical Laboratory!

[SHOW MORE](#)

<https://www.youtube.com/watch?v=EvZeCynYuYc>



Aim: A **fast**, accurate and comprehensive genetic test for every patient



Rapid testing for the *ABCC8* and *KCNJ11* genes



genes

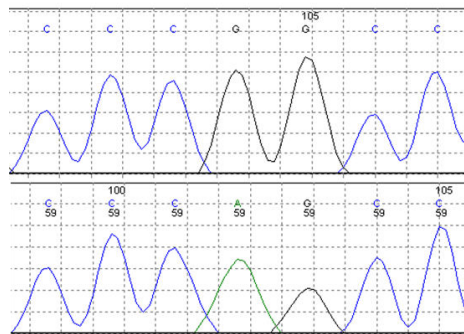
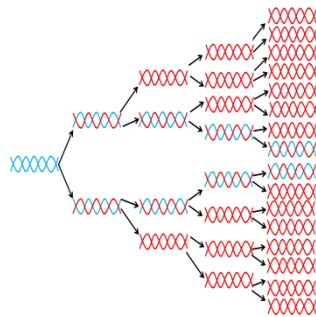
Extract DNA
from blood



PCR amplify the
coding regions of
the *ABCC8* and
KCNJ11 genes



Read the sequence
of the *ABCC8* and
KCNJ11 genes
(11,000 bases)

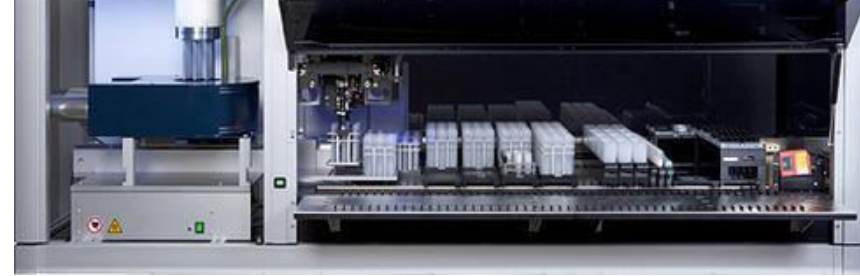


Reference

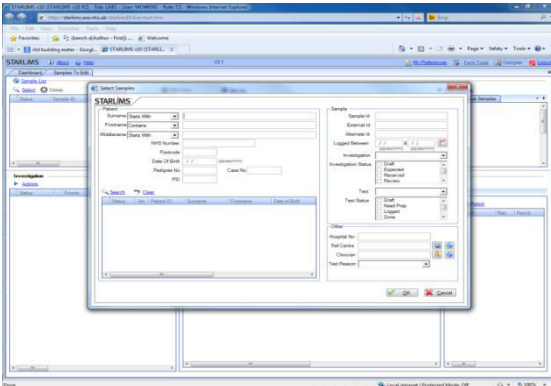
Patient



Aim: A fast, **accurate** and comprehensive genetic test for every patient



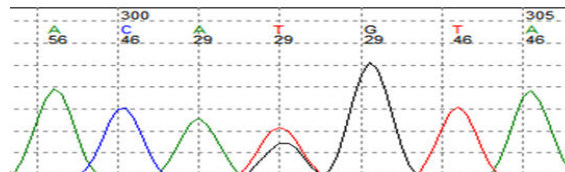
Barcodes to label blood and DNA samples



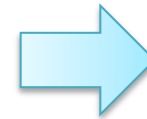
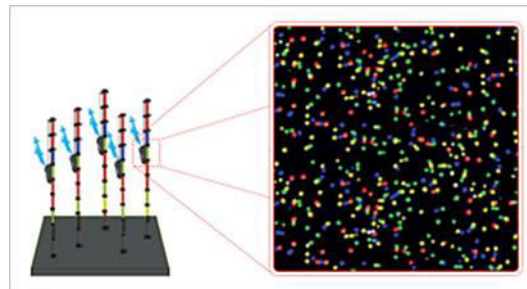
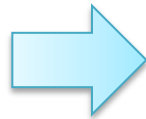
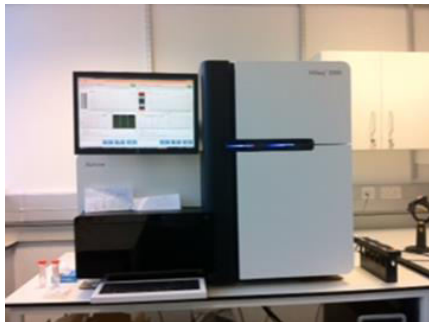
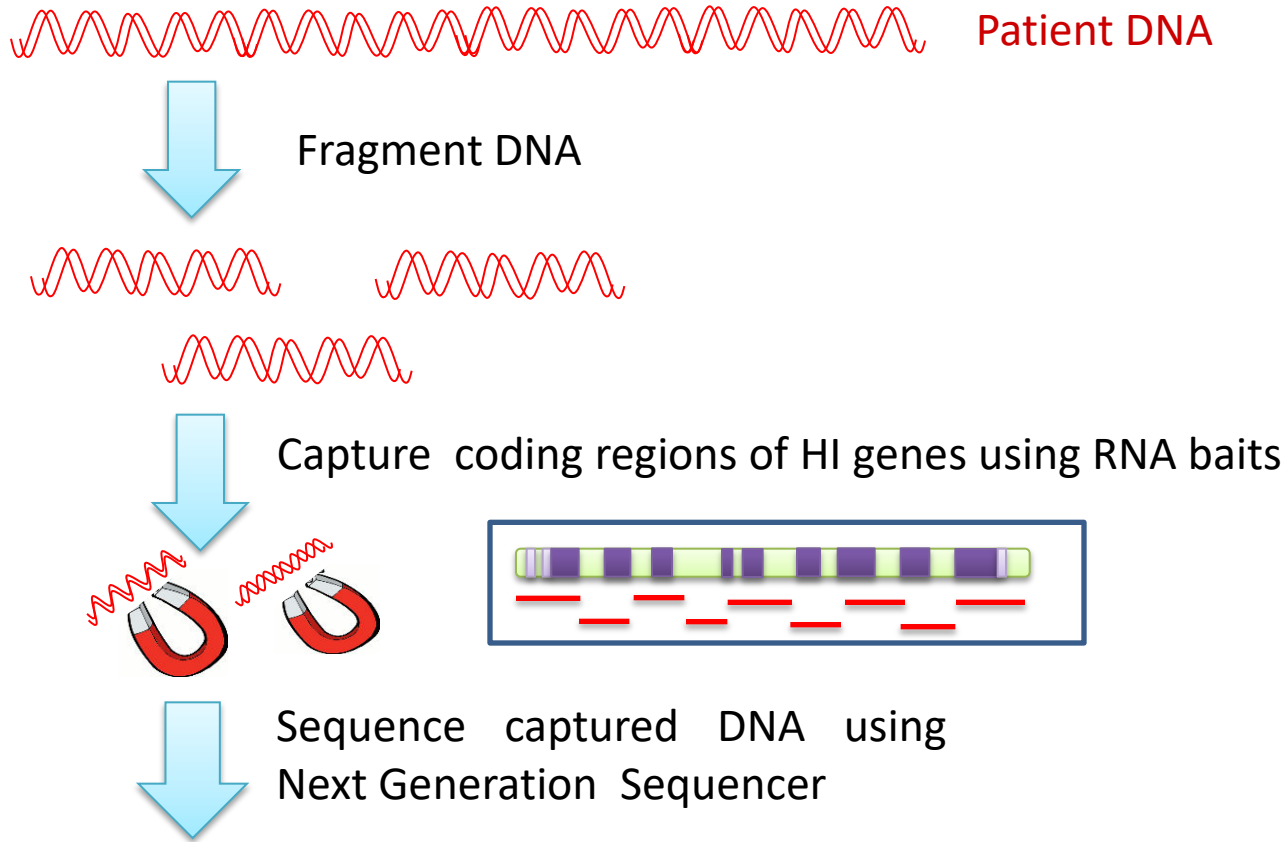
Robotic DNA extraction, PCR and sequencing set-up



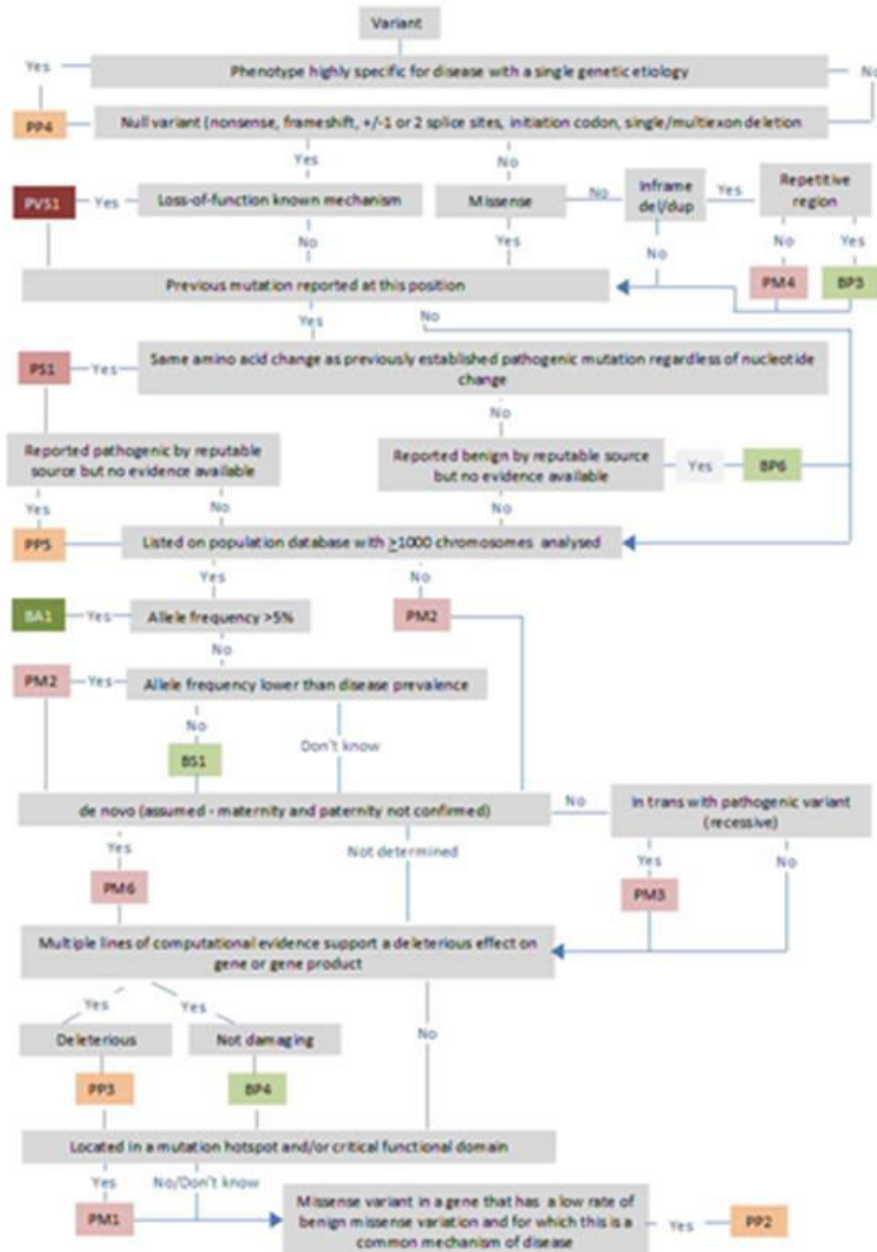
LIMS with automatic data upload from sequence analysis software



Next generation sequencing of all CHI genes



Interpreting genetic variants



A complex process!

Classify as:

- Pathogenic
- Likely pathogenic
- Uncertain significance
- Likely benign
- Benign

Difficulties in interpreting genetic variants

MUTATION UPDATE

Human Mutation

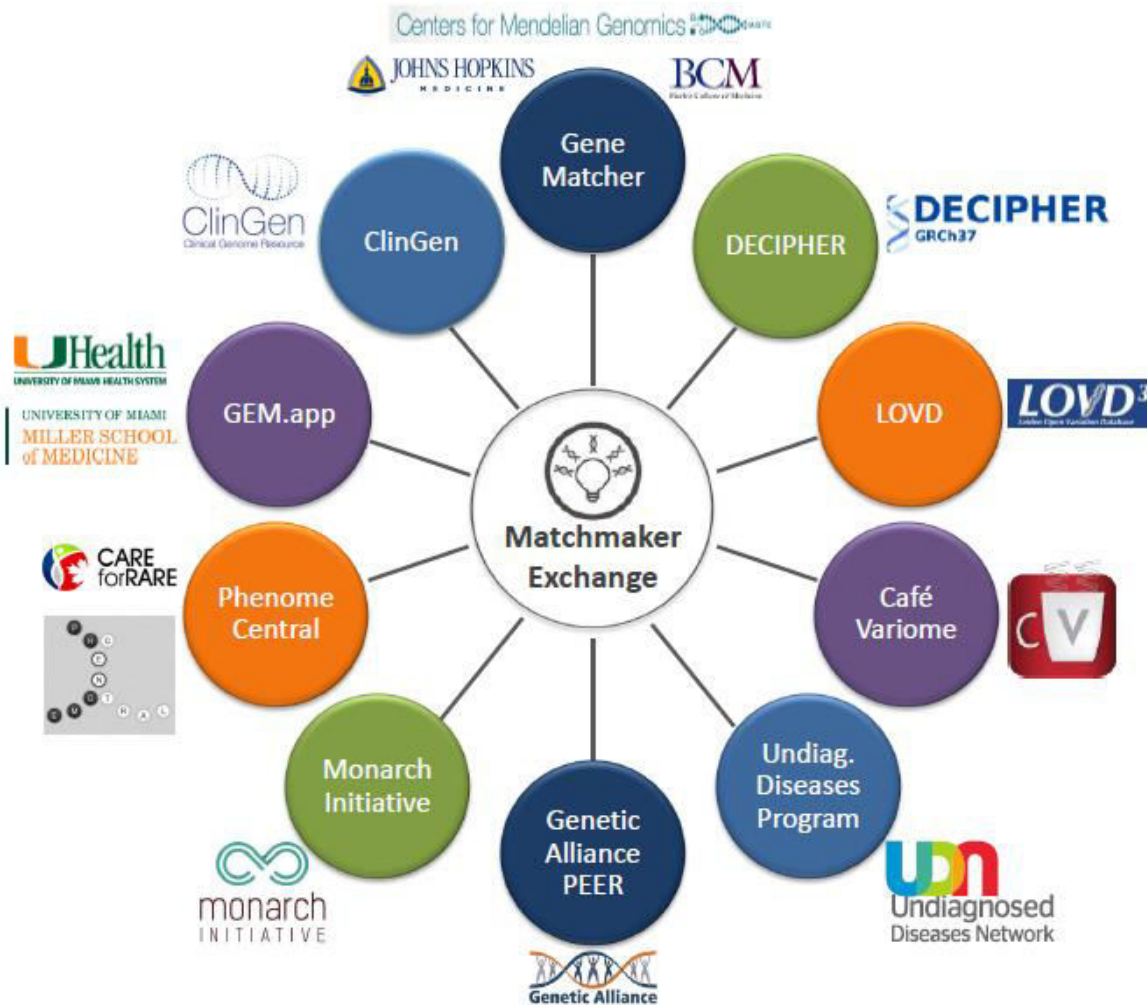
Update of Mutations in the Genes Encoding the Pancreatic Beta-Cell K_{ATP} Channel Subunits Kir6.2 (*KCNJ11*) and Sulfonylurea Receptor 1 (*ABCC8*) in Diabetes Mellitus and Hyperinsulinism



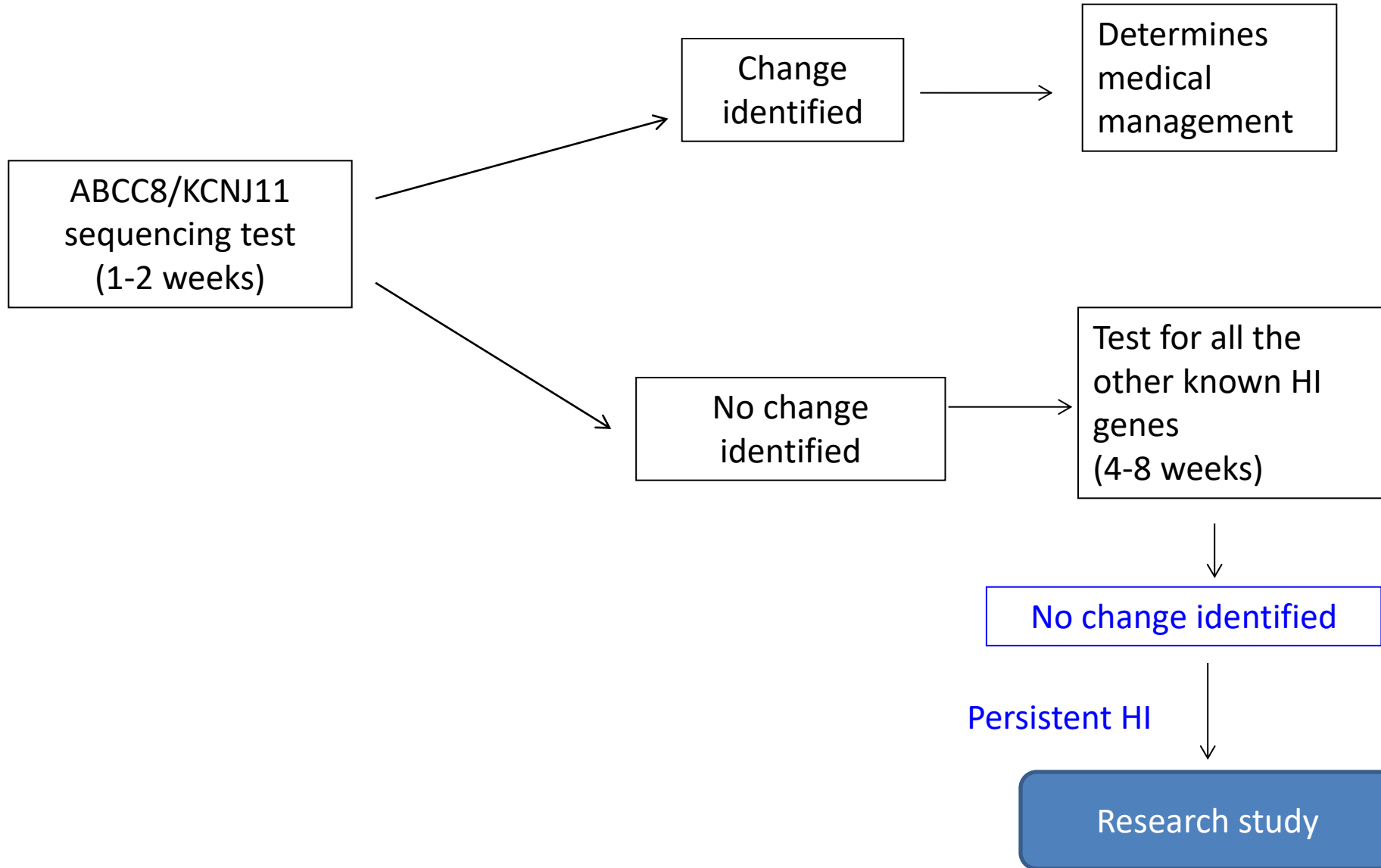
Sarah E. Flanagan,¹ Séverine Clauin,² Christine Bellanné-Chantelot,² Pascale de Lonlay,³ Lorna W. Harries,¹ Anna L. Gloyn,⁴ and Sian Ellard^{1*}

- 265 different mutations reported in patients with hyperinsulinism or neonatal diabetes (2008)
- Update in progress: anticipate nearly 1000 variants (2018)

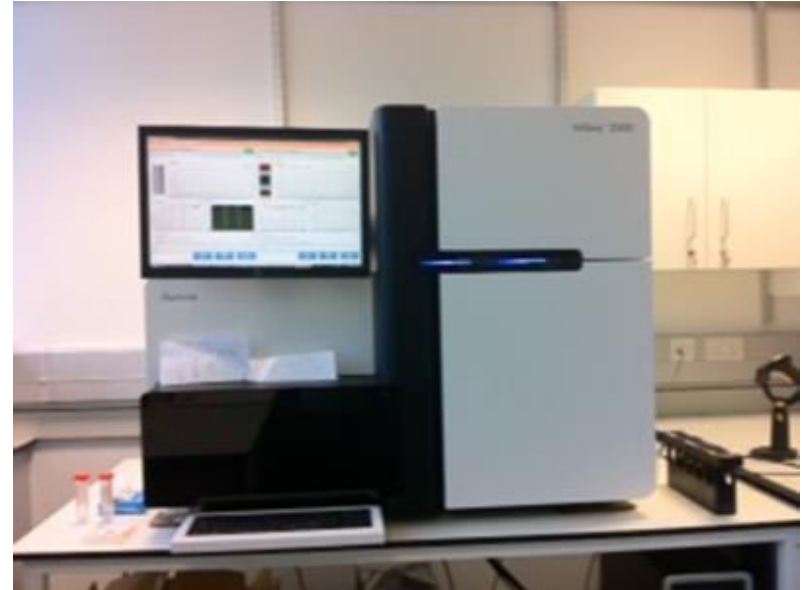
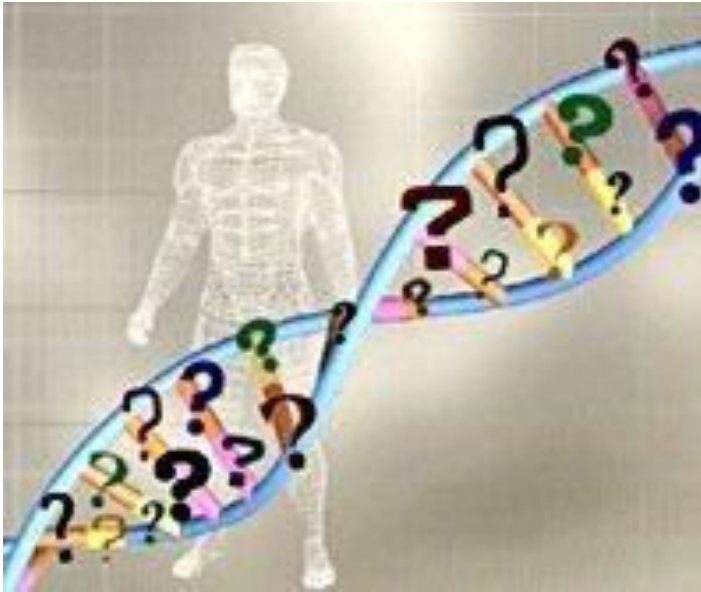
Global sharing of variant data across countries



Aim: A fast, accurate and **comprehensive** genetic test for every patient



Genome sequencing to find new hyperinsulinism genes



Sequence 3 billion base pairs (incl. ~20,000 genes) simultaneously instead of one at a time

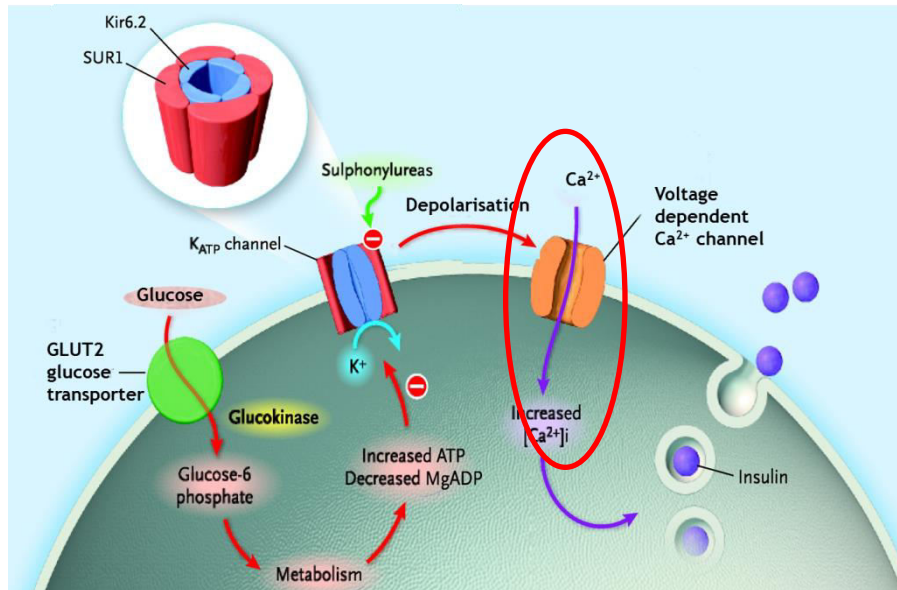
Change in a calcium channel gene found to be the cause of hyperinsulinism in a patient from Brazil

Baby M

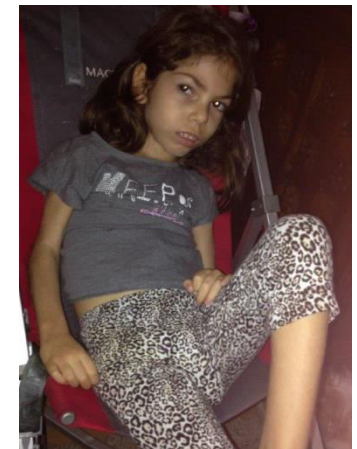
- 4.5Kg (37/40)
- Hyperinsulinaemic hypoglycaemia at birth
- Diazoxide (13mg/kg/day)
- Heart problems
- Developmental delay



Birth



3 yrs



6 yrs

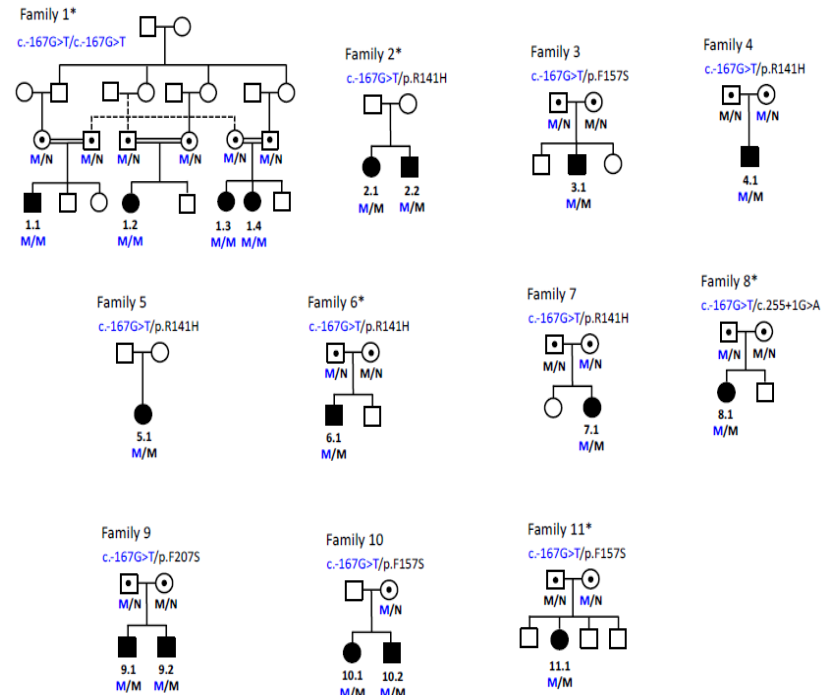
Changes in the *PMM2* gene identified in 17 children with congenital hyperinsulinism

CLINICAL RESEARCH

www.jasn.org

Polycystic Kidney Disease with Hyperinsulinemic Hypoglycemia Caused by a Promoter Mutation in Phosphomannomutase 2

Oscar Rubio Cabezas,^{*} Sarah E. Flanagan,[†] Horia Stanescu,[‡] Elena García-Martínez,[§] Richard Caswell,[†] Hana Lango-Allen,[†] Montserrat Antón-Gamero,[§] Jesús Argente,^{*||¶**} Anna-Marie Bussell,[†] Andre Brandli,^{††} Chris Cheshire,[‡] Elizabeth Crowne,^{‡‡} Simona Dumitriu,[‡] Robert Drynda,^{§§} Julian P Hamilton-Shield,^{‡‡} Wesley Hayes,^{|||} Alexis Hofherr,^{¶¶} Daniela Iancu,[‡] Naomi Issler,[‡] Craig Jefferies,^{***} Peter Jones,^{§§} Matthew Johnson,[†] Anne Kesselheim,[‡] Enriko Klootwijk,[‡] Michael Koettgen,^{¶¶} Wendy Lewis,^{†††} José María Martos,^{‡‡‡} Monika Mozere,[‡] Jill Norman,[‡] Vaksha Patel,[‡] Andrew Parrish,[†] Celia Pérez-Cerdá,^{§§§} Jesús Pozo,^{*} Sofia A Rahman,^{|||} Neil Sebire,^{|||} Mehmet Tekman,[‡] Peter D. Turnpenny,^{¶¶¶} William van't Hoff,^{|||} Daan H.H.M. Viering,[‡] Michael N. Weedon,[†] Patricia Wilson,[‡] Lisa Guay-Woodford,^{****} Robert Kleta,^{‡|||} Khalid Hussain,^{|||††††} Sian Ellard,[†] and Detlef Bockenhauer^{‡|||}



Summary

- Congenital hyperinsulinism can be caused by changes in many different genes
- It is important to find the genetic cause in newly diagnosed patients as this can guide clinical management
- A genetic diagnosis is possible for about 50% of patients
- Research is underway to try and find answers for the remainder of patients

Thank you!

