1st Balkan School of Clinical Paediatric Endocrinology

Veliko Gradiste, Serbia, November 7th-10th 2019

SPES

Faculty:

1. **Prof. Natasa Bratina**, MD, PhD, University Medical Centre Ljubljana, Slovenia
2. **Frida Sundberg**, MD, PhD, Sahlgrenska University Hospital, Gothenburg, Sweden
3. **Prof. Maggie Shepherd**, RGN, PhD, University of Exeter Medical School, UK
4. **Prof. Khalid Hussain**, MD, PhD, Sidra Medicine, Doha, Qatar
5. **Assoc. prof. Maja Djordjevic**, MD, PhD, University of Belgrade, Serbia

Students: 20-25 paediatric endocrinology fellows or early career paediatric endocrinologists from Europe (mainly Central and Southern Eastern Europe). Maximum total number of participants, including local staff involved in the organization: 35-40.

The School is organized by the Serbian Paediatric Endocrine Society (SPES), with the support by an unrestricted educational grant from Novo Nordisk Pharma d.o.o. and Roche Diabetes Care.

Thursday, 7th November

Arrival

Students and teachers will aim to arrive to Belgrade on the day of 7th November. They will be met at Belgrade meeting points (airport, train or bus station) and transferred by bus or taxi to the School venue – Danubia Park Hotel at Veliko Gradiste (http://en.srebrnojezero.com/). The School venue is located at the Silver Lake resort, 130 km from the Belgrade airport (approx. 90-minute bus ride).

19:30 latest Arrival of bus/taxi transfers from Belgrade & allocation of rooms
20:00 *Buffet dinner*
21:00 Welcome and introduction - Tatjana Milenkovic, *Mother and Child Healthcare Institute of Serbia "Dr Vukan Cupic", Serbian Paediatric Endocrine Society*

Friday, 8th November

Type 1 diabetes in childhood: common challenges and practical management

07:30 *Breakfast*

08:30	Schooltime challenges	Natasa Bratina
09:10	Sick days and travel	Frida Sundberg
09:50	Sports with diabetes	Natasa Bratina

10:30 *Coffee break*

11:00 Rehearsal of students' case presentations with faculty mentors

13:00 *Lunch*

14:00	Starting insulin pump treatment (initial settings, etc)	Frida Sundberg
14:40	Interpretation and practical use of CGM/FGM sensors	Natasa Bratina
15:20	Practical guidelines for treatment of hypoglycaemia	Frida Sundberg

16:00	*Coffee break*	
16:15	Students' cases	
18:15	*Dinner and social activity*	

Saturday, 9th November

Other causes of hyper- and hypoglycaemia in childhood

07:30	*Breakfast*	
08:30	Neonatal diabetes - diagnosis and treatment	Maggie Shepherd
09:10	Endocrine causes of neonatal hypoglycaemia	Khallid Hussain
09:50	Metabolic causes of neonatal hypoglycaemia	Maja Djordjevic
10:30	*Coffee break*	
11:00	Rehearsal of students' case presentations with faculty mentors	
13:00	*Lunch*	
14:00	MODY - diagnosis and treatment	Maggie Shepherd
14:40	Endocrine causes of hypoglycaemia in children	Khallid Hussain
15:20	Metabolic causes of hypoglycaemia in children	Maja Djordjevic
16:00	*Coffee break*	
16:15	Teachers' cases (work in small groups)	
17:30	Students' cases	
19:30	*Dinner and social activity*	

Sunday, 10th November

Hyperinsulinism, teachers' and students' cases

07:30	*Breakfast*	
08:30	Hyperinsulinism, diagnosis and treatment	Khallid Hussain
09:50	Teachers' cases (work in small groups)	
11:10	*Coffee break*	
11:00	Students' cases	
13:00	*Lunch*	
14:00	*Departure*	