

## Congenital Hyperinsulinism Family Conference Light Congenital Hyperinsulinism

September 22 - 24, 2023 | The Hague, NL





## Paul Seyfarth

- as a child:
  - eating difficulties as a child
  - insensitive to Hypos
- today:
  - 25 years old
  - Living with my fiancé and my cat
  - managing blood sugar and food independently
  - chairperson Kongenital Hyperinsulinismus e.V.
  - working half-time as assistant sales manager
  - studying Law





## Stella Promussas

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- as a child:
  - eating difficulties as a child
  - hypo-difficulties doing sports
- today:
  - 24 years old
  - doing lots of sports safely managing hypos
  - managing blood sugar independently
  - studying ancient Greek, Latin & Ethics (teacher)
  - giving lots of lectures about *Transition* for the organisation **Lobby4Kids** as well as interviews

