

## **HI-Story Submission Form**

We love sharing the individual experiences and stories of people living with congenital hyperinsulinism through HI-Stories. A HI-Story is a way for you to share your (or your child's) journey and experiences with the greater HI community.

You may share whatever you are comfortable sharing about your (or your child's) life with hyperinsulinism. Below are some suggested topic areas, but you do not need to address them all. You may also add any additional details that you would like to include.

# **How To Submit**

There are three ways to share your (or your child's) HI-story.

- 1. You can use this Word doc to share your story or send the information in an email along with 1-3 photos that you would like us to include.
- 2. If you would like, we can write your HI-Story for you. You can provide the information below in writing or have a phone interview by contacting klewis@congenitalhi.org
- 3. We can also interview you and make a video of it. All interviews will take place over Zoom and be less than 30 minutes. Just email CHI Communications Associate Lily Barnett <a href="mailto:lbarnett@congenitalhi.org">lbarnett@congenitalhi.org</a> to schedule a time.

If you have any questions or concerns, don't hesitate to get in touch with Lily at <a href="mailto:lbarnett@congenitalhi.org">lbarnett@congenitalhi.org</a>

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☐ Your HI-Story ☐ Your Child's HI-Story

#### **Contact Info**

- Name (required)
- Email (required)

#### Personal:

- What country are you from? (required)
- How old are you (or your child) now? (required)
- Favorites
- Personality traits

## Possible Suggested Topics:

### Living with HI:

- How long did it take to be diagnosed?
- What type of HI?
- Are the genetics known?
- What was the diagnosis process like?
- What are your current blood sugar trends?
- What do you do for treatment?

### Celebrations of strength

• Please share any moments (big or small!) of victory that you, your child, or family have experienced during your HI journey.

Please add anything else that was not covered that you would like to include in your HI-Story.

What research or innovations would help you (or your child)?

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- Are you happy with the treatment?
- What is a day in your life like?
- What are some of your challenges due to HI?
- What are some of your triumphs?