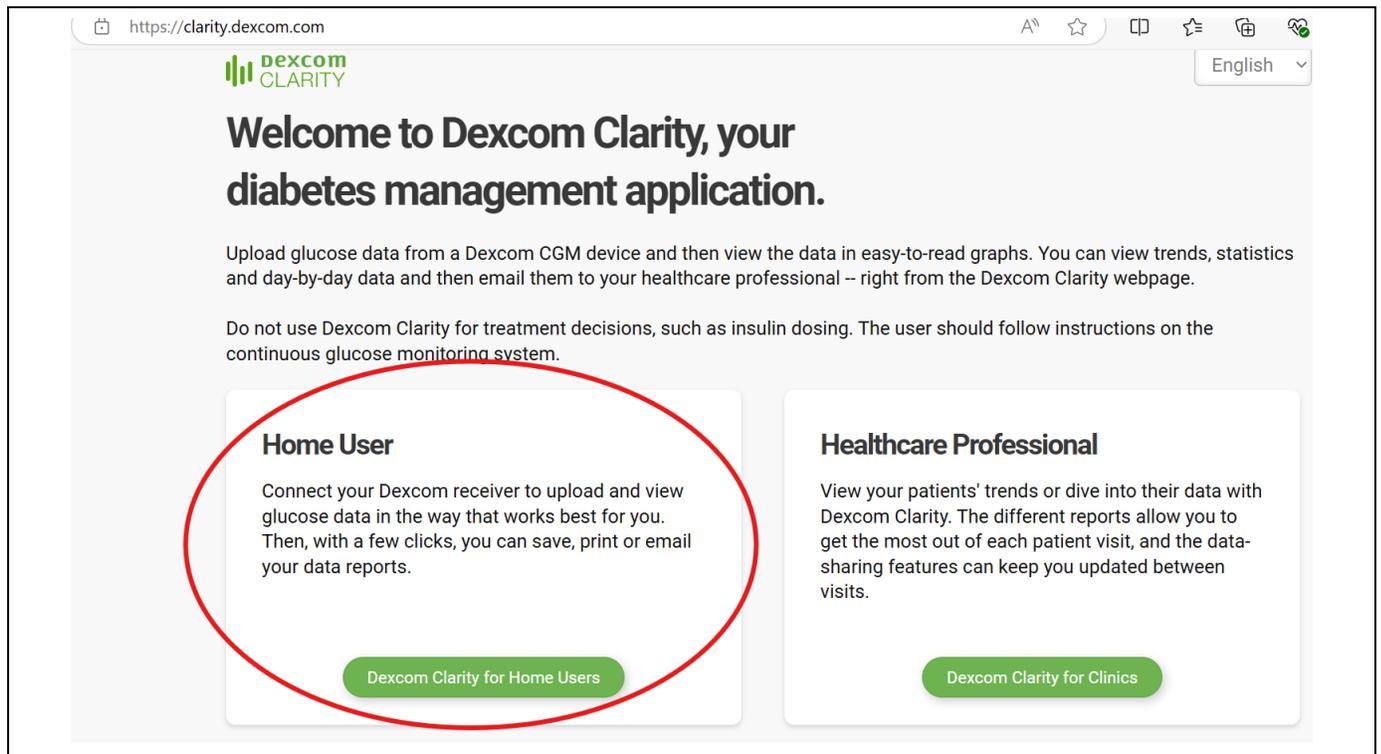


Connecting your Dexcom Receiver to Clarity

How do you view glucose values from the CGM?

- **Smart Device:** If you use a compatible device (such as a smartphone, smart watch, tablet, or iPod) as your Dexcom receiver, your CGM data will automatically integrate into your Clarity account. You do not need to take any additional steps to share CGM data with HIGR.
- **Handheld Receiver:** If you are using a Dexcom receiver and *not* using another device as a receiver, you will need to manually upload your data to Clarity. Follow the steps below to upload CGM data to Clarity and share it with HIGR.

1. Visit clarity.dexcom.com and select “**Dexcom Clarity for Home Users**”



The screenshot shows the Dexcom Clarity website interface. At the top, the URL is <https://clarity.dexcom.com>. The page features the Dexcom Clarity logo and a language selector set to English. The main heading reads "Welcome to Dexcom Clarity, your diabetes management application." Below this, there is a paragraph explaining that users can upload glucose data from a Dexcom CGM device and view it in easy-to-read graphs, including trends, statistics, and day-by-day data, which can be emailed to a healthcare professional. A disclaimer states: "Do not use Dexcom Clarity for treatment decisions, such as insulin dosing. The user should follow instructions on the continuous glucose monitoring system." Two main options are presented in white boxes with green buttons: "Home User" and "Healthcare Professional". The "Home User" option is circled in red. The "Home User" button text is "Dexcom Clarity for Home Users". The "Healthcare Professional" button text is "Dexcom Clarity for Clinics".

2. Log into your Dexcom account

DEXCOM English (United States) ▾

Log in

Email or username

If you created and verified your account with a mobile number, [use it to log in](#).

Password

[Need help logging in?](#)

Log in

3. Click “Upload” on the option tabs at the top of the page

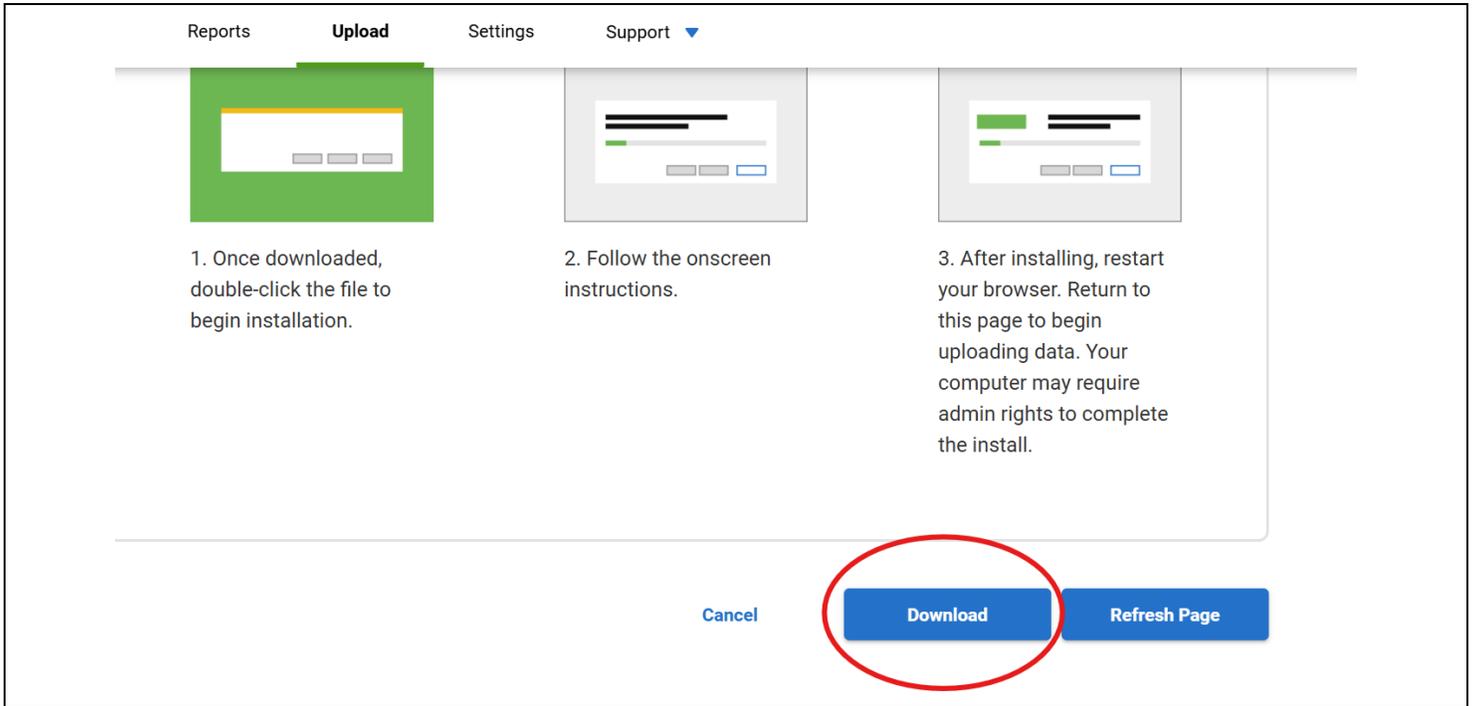
Reports **Upload** Settings Support ▾

1 Verify 2 Connect Device 3 Collect Data 4 Success

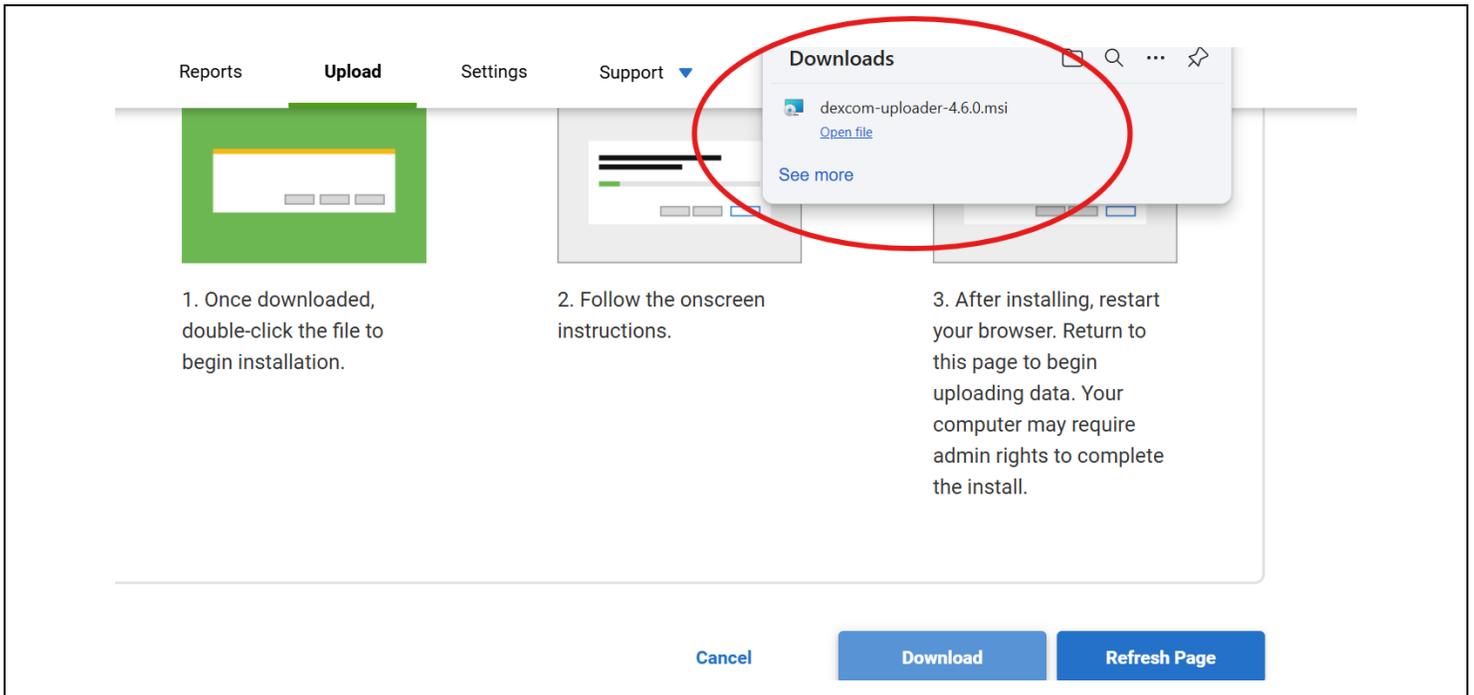
Installing Dexcom Uploader software is required to upload glucose data.

1. Once downloaded, double-click the file to begin installation.
2. Follow the onscreen instructions.
3. After installing, restart your browser. Return to this page to begin uploading data. Your computer may require admin rights to complete the install.

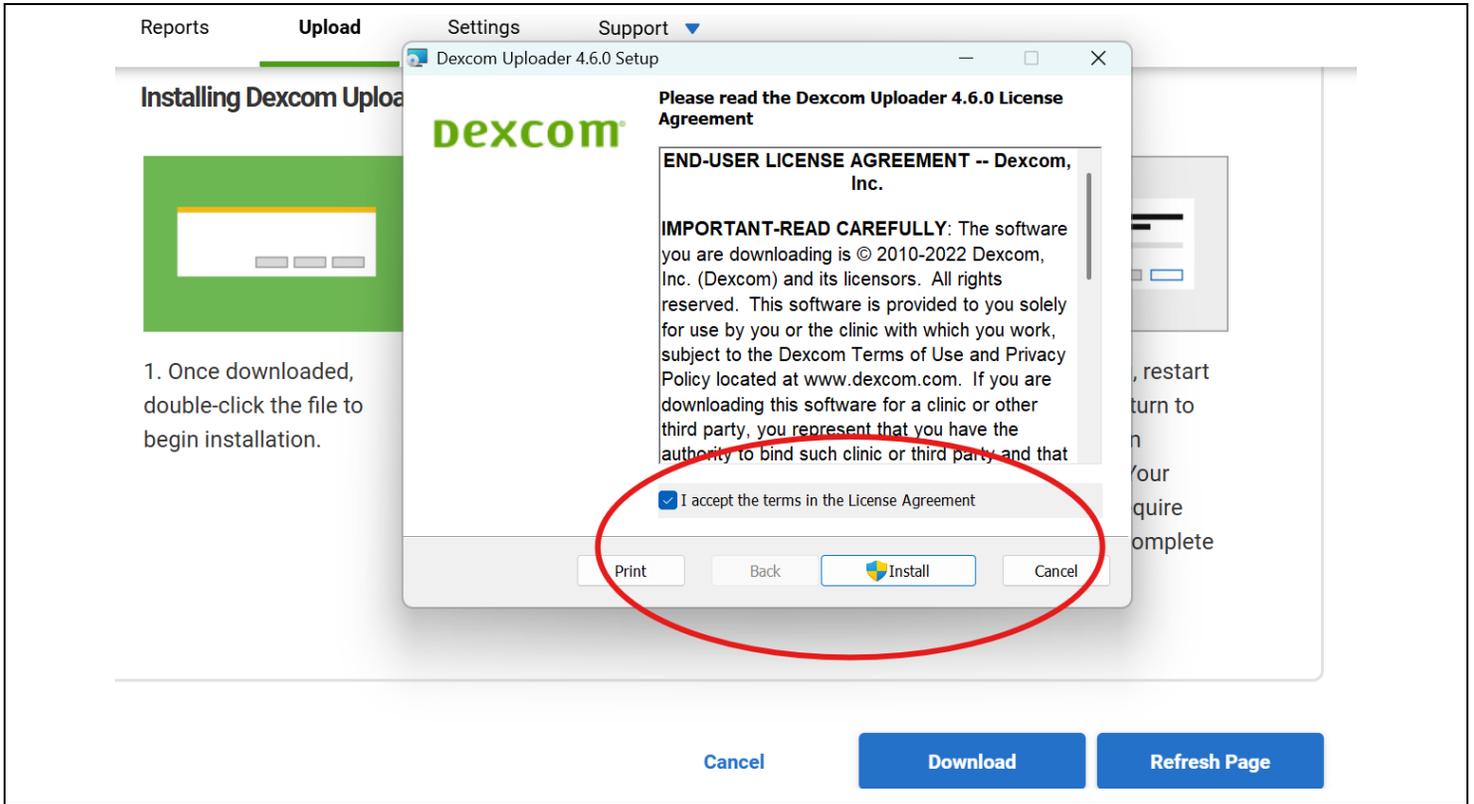
4. Click “Download” to download the Dexcom Uploader software from the website



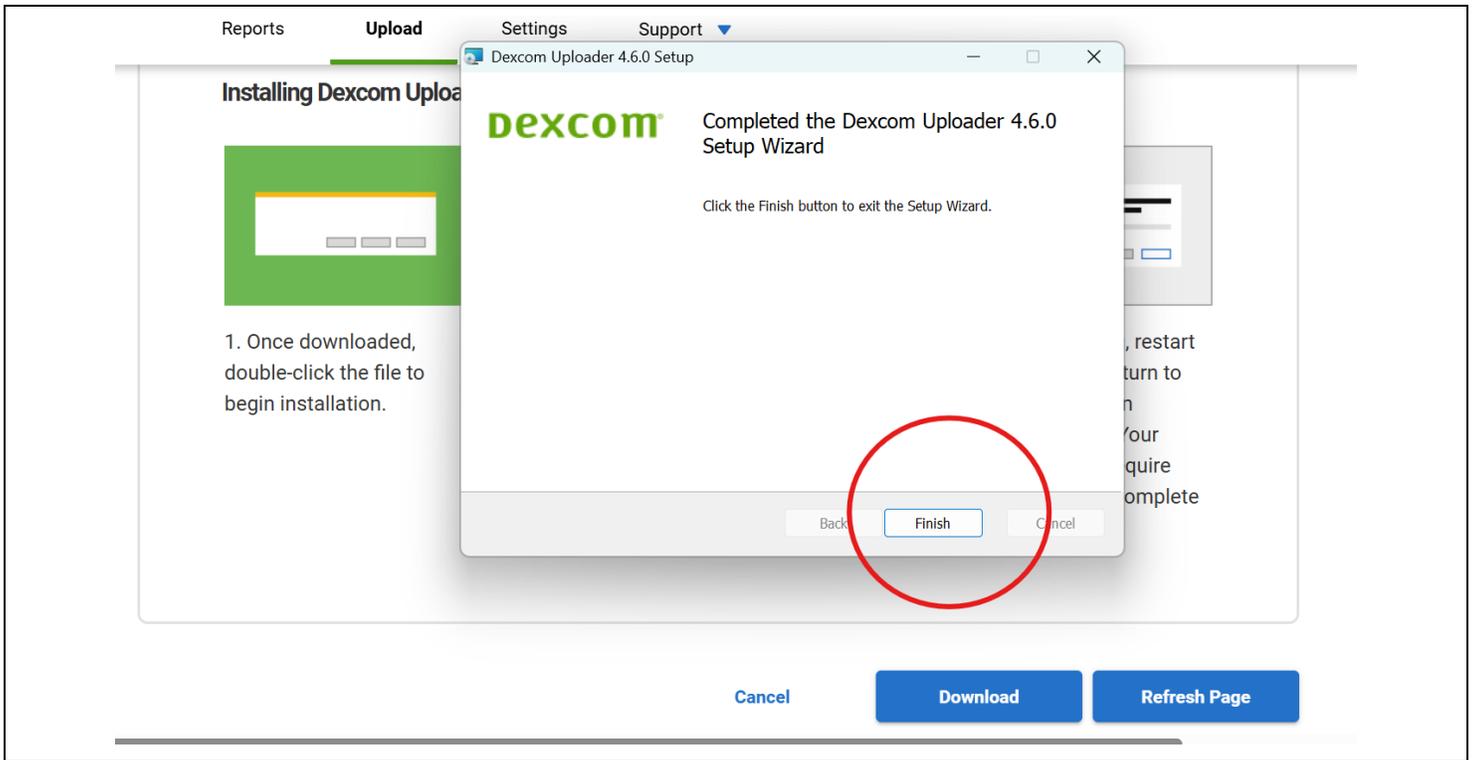
5. Click “Open File” when prompted



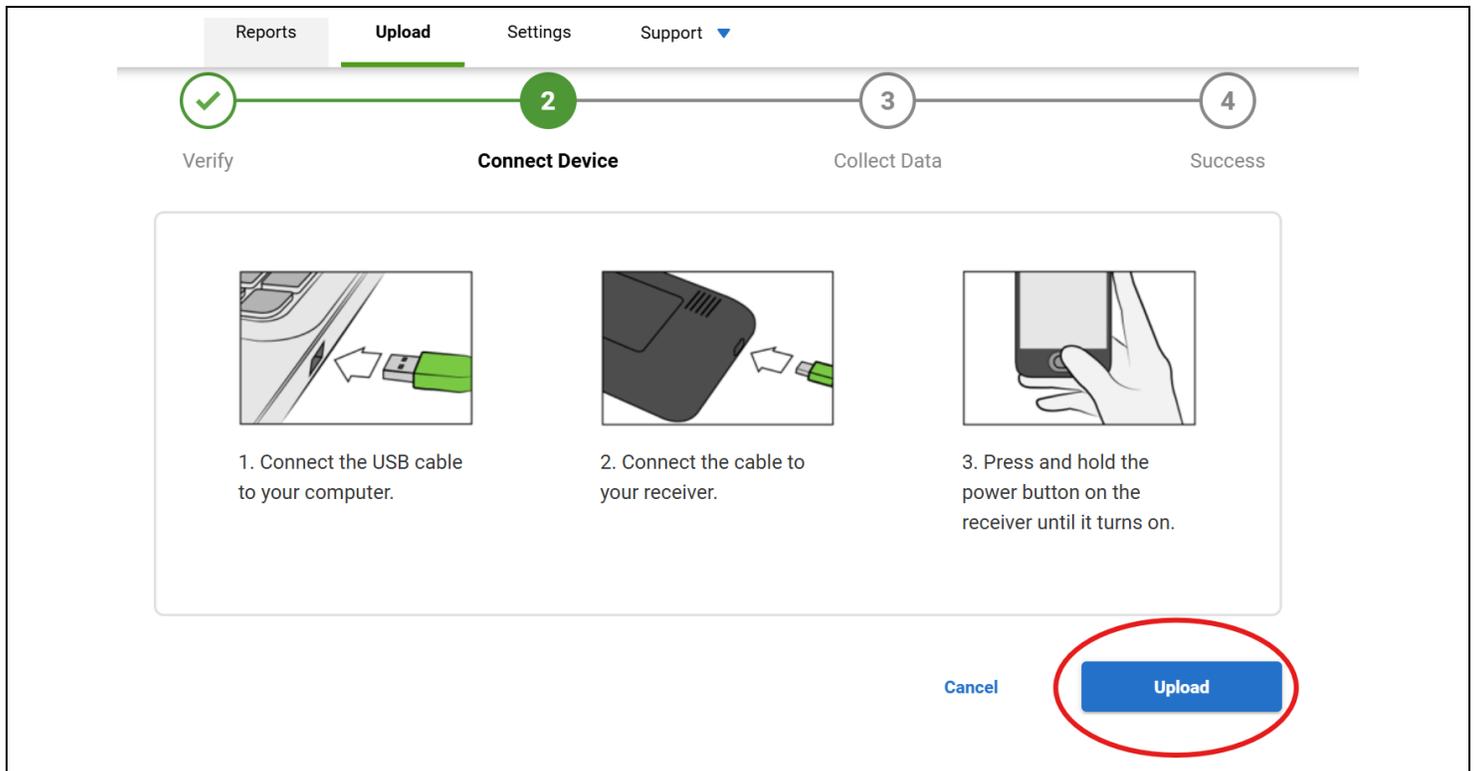
6. Accept the terms of the License Agreement and click “Install”



7. When prompted, click “Finish” and then reload the page



8. Connect your Dexcom Receiver to your computer using the cord, as pictured; turn Receiver on; click “Upload”



9. Repeat this process each time you want to upload your CGM data to Clarity. The Dexcom Receiver does not automatically upload to your Clarity account, so you will need to repeat this manual process each time you want to upload your data.

HIGR recommends uploading CGM data to Clarity once per month.

10. THANK YOU FOR PARTICIPATING! Any questions? Contact info@higlobalregistry.org for 1:1 support.